



**Week 19 Wetherbuzz**

**Monday 20<sup>th</sup> February – Sunday 26<sup>th</sup> February 2017**

<p align="center"><b>Monday 20<sup>th</sup> February</b></p> <ul style="list-style-type: none"> <li>• Staff Meeting – 8am</li> <li>• Games for <b>Years 3 and 4</b> – 9-11:30am</li> <li>• Games for <b>Years 5 and 6</b> – 1:30-4pm</li> <li>• U11A, B &amp; C vs. Hill House (A) – 2:30pm</li> </ul>	<p align="center"><b>Monday Clubs</b></p> <ul style="list-style-type: none"> <li>• Lower Debating – 4-5pm</li> <li>• Upper Debating – 4-5pm</li> <li>• Tour Choir – 4-5pm in the Music Room</li> <li>• History Club – 4-5pm</li> <li>• Indoor Rock Climbing – 4-5pm</li> <li>• Indoor Sports – 4-5pm</li> <li>• Creative Writing (Years 3&amp;4) – 4-5pm</li> <li>• Creative Writing (Years 5&amp;6) – 5-6pm</li> <li>• Elite Fencing – 4-6pm</li> </ul>
<p align="center"><b>Tuesday 21<sup>st</sup> February</b></p> <ul style="list-style-type: none"> <li>• Wetherby Choir – 8-9am</li> <li>• Games for <b>Year 7 and 8</b> – 9-11am</li> <li>• Swimming for <b>Year 5</b> – 9-11am</li> <li>• Games for <b>Years 3 and 4</b> – 1:30-4pm</li> <li>• U9A-E vs. Thomas' Clapham (A) – 2:30pm</li> <li>• U8A-C vs. St. Stephens' C of E Primary (H) – 2:15pm</li> <li>• 6B half of 6J (Bengough to Jaume) Parents' Evening – 5-8pm</li> </ul>	<p align="center"><b>Tuesday Clubs</b></p> <ul style="list-style-type: none"> <li>• Running – 7:45-8:20am</li> <li>• Fitness – 8-9am</li> <li>• Fencing (Years 3&amp;4) – 4-5pm</li> <li>• Table Tennis – 5-6pm</li> <li>• Chess – 4-5pm</li> <li>• Latin Level 3 Preparation – 4-5pm</li> <li>• Dolphins Development Squad – 4:15-5pm</li> <li>• Musicianship and Theory – 4-5pm (Chelsea Quavers)</li> </ul>
<p align="center"><b>Wednesday 22<sup>nd</sup> February</b></p> <ul style="list-style-type: none"> <li>• Year 7 Rowing at Putney – 8am</li> <li>• Valerie Bloom Poetry Performance for Year 5&amp;6 – am</li> <li>• Physical Education for Year 7 – 9-10:30am</li> <li>• Swimming for <b>Year 3</b> – 9-11am</li> <li>• Swimming for <b>Year 4</b> – 10-12pm</li> <li>• Games for <b>Year 7 and 8</b> – 1:30-4pm</li> <li>• 1<sup>st</sup> XIII vs. Hill House (H) – 2:30pm</li> <li>• 3<sup>rd</sup> &amp; 4<sup>th</sup> XIII vs. WSS (A) – 2:30pm</li> <li>• Year 3&amp;4 Swimming Gala vs. Francis Holland School at Queen Mother Pool - 4-5pm</li> </ul>	<p align="center"><b>Wednesday Clubs</b></p> <ul style="list-style-type: none"> <li>• Elite Chess – 8-9am in the</li> <li>• Classical Greek Civilisation – 4-5pm</li> <li>• Cardboard Engineering – 4-5pm</li> <li>• Lower Code Club – 4-5pm</li> <li>• Development Fencing – 4-6pm</li> <li>• Travel and Culture – 4-5pm</li> <li>• Maths Games/Puzzles – 4-5pm</li> <li>• Lower Swim Squad Year 5 – 4:10-5pm</li> <li>• Lower Swim Squad Year 4 – 5-5:45pm</li> </ul>
<p align="center"><b>Thursday 23<sup>rd</sup> February</b></p> <ul style="list-style-type: none"> <li>• Year 8 Rowing at Putney – 8am</li> <li>• Physical Education for <b>Year 8</b> – 9-10:30am</li> <li>• Year 6 RS &amp; Science Workshops: 'How did the Universe Begin?' – all day</li> <li>• U12 &amp; U13 Surrey School Cross Country at Danes Hill Prep - all day</li> <li>• Games for <b>Year 5</b> – 1:30-4pm</li> <li>• Wetherby Voices – 4-5pm</li> <li>• Management Meeting – 4:30pm</li> <li>• 6T &amp; half of 6J (Johansen to Williams) Parents' Evening - 5-8pm</li> </ul>	<p align="center"><b>Thursday Clubs</b></p> <ul style="list-style-type: none"> <li>• School Play – 4-5pm (see rehearsal schedule)</li> <li>• Upper Code Club – 4-5pm</li> <li>• Maths Revision for Year 8 – 4-5pm</li> <li>• Upper Swim Squad – 4:30-5:30pm</li> <li>• Fencing (Year 5) – 5-6pm</li> </ul>
<p align="center"><b>Friday 24<sup>th</sup> February</b></p> <ul style="list-style-type: none"> <li>• Staff Meeting – 8am</li> <li>• Whole School Assembly at Church of the Annunciation – 8:30am</li> <li>• Rwanda Aid Talk for the Lower School – 9:45-10:15am</li> <li>• Rwanda Aid Talk for the Upper School – 10:15-11:15am</li> <li>• U13 Cross Country vs. Arnold House (A) – pm</li> </ul>	<p align="center"><b>Friday Clubs</b></p> <ul style="list-style-type: none"> <li>• Whole School Clubs – 2:30-4pm</li> <li>• No Homework Club – school closes at 4:30pm</li> </ul>
<p align="center"><b>Saturday 25<sup>th</sup> February</b></p> <ul style="list-style-type: none"> <li>• Play Rehearsal at WPS, Pioneer Hall – 10am-2pm</li> </ul>	

Dear Parents,

What a fun event that was at the Prep School 'Come Dine With Us' last night! There was a great atmosphere in the Pioneer Hall with parents and a true sense of comradeship was so evident in the 'Service Room' amongst the staff. A really successful evening in every sense. The standard of cooking is best described from the feedback forms: "delicious", "perfectly displayed", "garnished appropriately", with "superb pastry" and the waiting staff, "attentive", "gracious", "amusing", "well presented" and even, for one lucky member of our teaching staff, "handsome"! In fact the only person who let the side down a little was me with my dodgy Skype connection as I attempted to do a 'live link' to the Kitchen. I promise to fix that for the Senior School event after Half Term and have my 'roving reporting' pixel perfect with fully functioning AV!

And to our annual Staff Appreciation Day at the Prep School today. Some wonderful efforts by the boys and you, the parents; they are truly appreciated. The generosity you have shown with this, now annual, event surpasses all before it and, whilst such kindnesses are, of course, appreciated in their material sense, it is the fact that our staff mean so much to you and your boys that moves me so. It is an absolute pleasure to work in these Schools, for all of us, and that unique relationship between staff, parents and boys is what makes it. I wonder also if this is one of the factors that allows us to recruit such high calibre teachers. Candidates called to interview so often comment on the happy and collaborative feel of our school and, whilst waiting at reception, see for themselves that warm relationship between parents and staff. We have some truly excellent teachers joining us in September (details in the final newsletter of this term out of courtesy to their current schools) and they all have one thing in common: they are very 'Wetherby'. For us, that defines a pleasure in learning, teamwork, high standards and a positive outlook on life in general, in fact the very same values that we seek to bring out in your sons.

Have a great Half-Term...



Nick Baker

**Citizen of the Week**

This week's Citizen of the Week is Varun V in 7V. Varun has such a positive attitude towards lessons, his exercise books reflecting a real commitment to the highest of standards. This mind-set also shows in community duties, as Varun is always willing to volunteer or help others. Well done, Varun!



**Sportsman of the Week**

This week's Sportsman of the Week is Yermek A in 8G. Recognised this morning as one of our most improved sportsmen, Yermek is now a mainstay of our 1st XV, an outstanding goalkeeper and superb cross-country runner, achieving a top 10 position in this week's demanding event. Well done, Yermek!



From the Senior Mistress

**Miss Olney writes...**

## **School Council**

The boys continue to impress me with their suggestions and ideas that they bring to School Council. On Monday this week, we had yet another positive meeting and there is much to consider for the next half of term.

School Council are especially grateful for Chef Peter's ongoing support and response to the boys' requests. I always email out the minutes of our meetings directly after the meetings and Chef Peter is always the first to respond and suggest ways he can help. We are very lucky to have such a supportive member of staff who listens to all the boys. Below are the meeting minutes:

### **Condiments at lunchtime**

School Council would like to thank Chef Peter for his support of School Council and implementing the condiments (mayonnaise, mustard) at lunchtime.

### **Highest Housepoint Earner for the Week**

School Council felt this was really successful and they like seeing this announced in assembly. They do feel that a prize would be good to award to the boy and there were some suggestions about a badge, challenge points, trophy or certificate.

### **Choice of languages**

One boy raised this on behalf of his Form, to have a choice of languages instead of just learning French.

### **Clubs**

Some great ideas for clubs including American Sports Club and School Rock Band.

### **Cherry tomatoes**

Arki Paul raised this on behalf of his Form and suggested having cherry/plum tomatoes for the salad bar instead of the larger tomatoes.

### **Taco Tuesday**

The boys really enjoyed Taco Tuesday last year and would like to add this to the school menu. They are also very keen about designing the School Menu either this term or next.

### **Talent Show**

School Council are very keen to organise an event for charity and one of the suggestions was a School Talent Show.

### **Action Plan:**

Boys will share these ideas with their forms and talk to them more about what was discussed.

Highest Housepoint Earner for the Week – Miss Olney will discuss with Miss Kroiter about how we can use challenge points to award for the boy who has the highest number of housepoints each week.

### **Choice of languages**

Unfortunately, French is a Common Entrance subject and so the boys study this from Year 3. However, Miss Taylor is setting up Modern Foreign Languages Club next term.

### **Clubs**

Miss Olney has raised this with the Wetherby staff and Mr Rodwell enjoys his American sports so will try to build this into Team Sports on a Friday in the Summer Term.

### **Lunchtime**

Chef Peter has already implemented cherry tomatoes at lunchtime and they are a very welcome addition. He has also agreed to meet with School Council after Half Term so that they can design a week's menu for the Summer Term.

### **Talent Show**

Miss Martin has already spoken to me about this and is keen to get School Council to organise an event for the Lower School. Just watch this space, Lower School...

Next meeting is scheduled for Tuesday 21st February at 8:30am (after Half Term) in the Dining Room.



### The Power of Sleep

This week the boys have looked at the 'Power of Sleep' and the benefits of a good night's sleep. Miss Kirby suggested this topic for PSHEE last week as she is mindful of her own children and if they are getting enough sleep. As such, the boys have looked at tips in class to improve their night time routine and maximise the amount of sleep they get. It really does have such a huge impact on the boys and simple ideas such as cutting down on TV/electronics before bed and reading a book instead really helps the boys have a productive next day.

Below are a few good websites that the boys looked together in class that have some helpful suggestions:

- <http://www.nhs.uk/Livewell/Childrenssleep/Pages/howmuchsleep.aspx> - NHS Livewell
- <https://psychcentral.com/lib/hints-to-help-kids-get-enough-sleep/> - Sleep Tips
- <http://www.telegraph.co.uk/men/the-filter/11582617/How-to-get-to-sleep-eight-surprising-tricks-and-tips.html> - Telegraph Article on how to get a good night's sleep



From the English Department

'Interjections' – YouTube Video

Mr Thorne writes....

Check out my latest video on 'Interjections': <https://www.youtube.com/watch?v=IOFMeXgAykU>

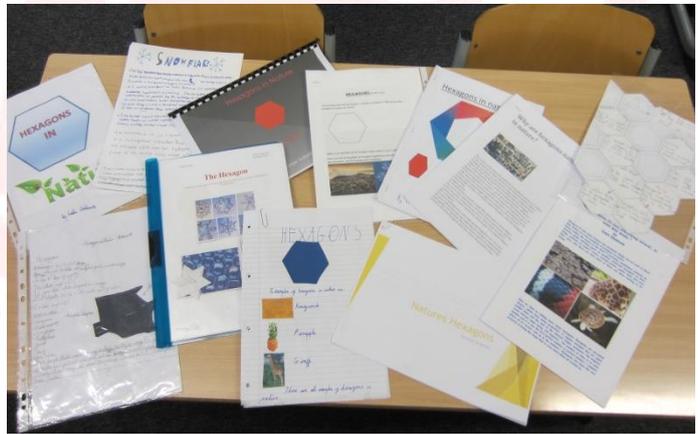
## From the Maths Department - Hexagons in Nature

Miss Balgobin writes...

During the brief snowfall in January the Y5 boys in my Maths set and I discussed snowflakes. We considered the uniqueness of each snowflake and that their form is based upon the shape of a hexagon. This led to us questioning why that was and why is it that hexagons are often formed in nature? Hence the boys were asked to investigate this for homework. The boys responded brilliantly and really explored this phenomenon in depth. Each boy had the opportunity to present their findings, and their presentations were of a high calibre. Most boys came across the Fibonacci sequence in their investigations and how it related to the hexagons on a pineapple. They described the properties of a hexagon including its interior angles. They gave examples of hexagons in nature, not simply on Earth but also on Saturn. The boys realized that hexagons have become a common shape in nature because it tessellates in the most economical way and fill a large space with less hexagons needed in comparison to squares or equilateral triangles.

Hexagons are also a stable shape using less energy or material to form. The 'Honeycomb Conjecture' which was proved by William Kirby in 1852. The boys stumbled across this when they realized that this is why bees use hexagons in their honeycomb and that it allows the honey to pool without spillage. They also illustrated the influence of temperature in the formation of hexagons and surface area. Water molecules were mentioned often as were bubbles and basalt rock formations such as The Giant's Causeway. There was even mention of Tie Fighters.

I was astounded and humbled by the boy's investigations and inspired by their thinking and understanding.



## From the Science Department – Science fun over the Half Term

Miss Sharp writes...

Stuck on what to do over Half Term? Here is a list of FREE science events going on across London.

### At the Natural History Museum

Please check the Natural History Museum Website for times

<http://www.nhm.ac.uk/visit/whats-on.html>

#### 11<sup>th</sup> February - Extreme Sharks

Join Museum scientist Emma Bernard to hear about sharks with extreme adaptations including, extinct sharks that dwarf their living relatives and many more that seem too strange to be true.



#### 12th February - Life in the extreme: arthropods

Arthropods have evolved amazing adaptations and strategies to suit the ecological niches they inhabit. See specimens from the Museum collection and discover more about these supreme survivors.

#### 17<sup>th</sup> and 19<sup>th</sup> February - Crocodiles Rock

Meet a real life Palaeontologist and discover the incredible history of these fearsome predators.

### At the Science Museum

Tours take place throughout the Half Term break. All are free but limited to 45 people so please book to avoid disappointment. Please check the science museum website for dates times

[http://www.sciencemuseum.org.uk/visit/museum/plan\\_your\\_visit](http://www.sciencemuseum.org.uk/visit/museum/plan_your_visit)



### Exploring Space Gallery Tour

Find out about the Space Race from the Soviet perspective, including firsts such as Sputnik, Yuri Gagarin and the work of Sergei Korolev. An amazing history brought to life through objects from our Exploring Space gallery.

### Flight Gallery Tour

From mankind's earliest dreams of flight, through the Wright brothers and early adventurers, to the jumbo jet and the wide-body aeroplanes of today. Discover the history of Flight in this free tour.

### Drama Characters

During the Half Term break the museum has enlisted actors to portray famous scientists, inventors and explorers, including Michael Faraday, Thomas Edison, Gene Cernan, Rosalind Franklin and Svetlana Savitskaya to name just a few! Find out about their life history and how they changed the world we live in.



### Gums to Bums

This term Year 7 have been learning about nutrition and digestion. To finish off a term of great work, the boys watched a practical demonstration of how our dinner travels through our body. Starting with the food on our plate and ending at the toilet. This was not a demonstration for the faint hearted. Ask a Year 7 for more details, but be warned it could put you off your lunch!



### **Home Science Experiments**

Mr Tilleray writes...

This week's home science experiment is about penny chemistry; using simple household items you can do your own chemistry experiment. Fill in your observations on the sheet (attached to the Wetherbuzz email) or bring in pictures to me and you will receive a housepoint! Good luck!

### **From the Music Department**

#### **Breakfast Concert**

Mr Rodwell writes...

A big well done to all the boys that performed in the first Breakfast Concert of term on Wednesday morning. It is really exciting for us – and inspiring for the boys – to see the growing musical talent that we have here at Wetherby Prep. All the performances were great, and it was especially nice to see the debut performance of the new Wetherby Guitar Group (consisting of Nicholas Choupak, 6B, Beau McChesney, 6T and Teo Hasecic, 6T); everyone loved their rendition of Another Brick in the Wall by Pink Floyd! The next performance opportunity for the boys will be the Spring Recital which is Tuesday 7th March at 6pm.

#### **Choir Tour**

As some of you may be aware, we are taking a choir on tour to Belgium at the end of the March. Our itinerary is close to being finalised and highlights include performing at the Menin Gate in Ypres and at St. Martin's Cathedral. I'm sure some of the boys will be even more excited about some of the excursions, which includes a trip to the chocolate factory! We look forward to releasing the full itinerary when we have it. Rehearsals have been very positive of late, and we have been impressed with all the boys' commitment and concentration in rehearsals. Do please keep encouraging them at home to go over words and memorise as much as possible. A reminder that we have a Tour Choir Open Rehearsal from 4:00pm – 5:30pm on Monday 20th March; this is a great opportunity to see the boys in action and wish them luck just days before we depart.



**From the Drama Department - Year 6 drama workshops**

Mrs Trevitt writes...

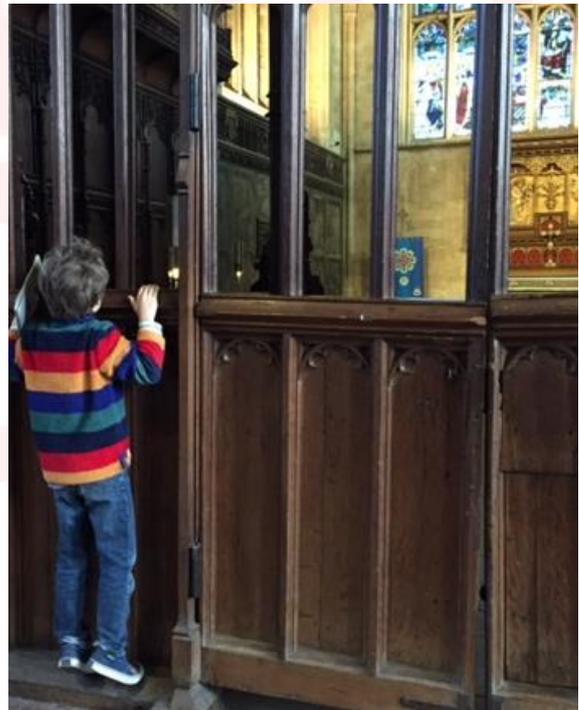
The last of our Year 6 classes, 6B, had a wonderful day on Tuesday at a drama workshops put on for them by Miss Twomey over at Wetherby Senior School. It has been so exciting to work in a proper theatre space, and the boys have equally impressed Miss Twomey with their creative ideas, energy and enthusiasm. Well done, boys, on making the most of your visit!



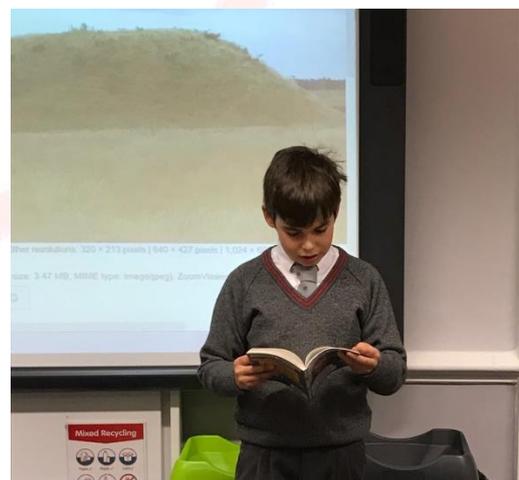
## From the History department – Trip to Winchester Cathedral

Miss Olney writes...

For any Year 4 boy looking for a historical trip over half term, Winchester is the place to visit! The Year 4s have been studying the Anglo-Saxons this term and Winchester Cathedral had plenty to explore. Reuben J visited the Cathedral and discovered the Saxon bishops and kings as well as seeing the mortuary chests! He then talked about his visit to the Cathedral to the boys in our History lesson this week. It sounds like a brilliant trip, Reuben!



Reuben gives us a presentation on Winchester Cathedral to Year 4



Matthew R (4K) reads Horrible Histories on Anglo-Saxons to the class

## From Institutum Studiis Latinis Schola Wetherbiana

Magister Vogiatzis scribit:

This week our Classical Civilization Group received its appellation – and our enthusiastic members decided to name it VOX POPULI, which means The Voice of People. The boys were introduced to aspects of daily life in Ancient Rome including clothing they used to wear and several traditional dishes the ancient Romans used to cook and eat.

More specifically, Ancient Roman cuisine was influenced by Greek cuisine and later absorbed culinary influence from further territories added to the empire. The cuisine was thus very diverse across the empire. Ingredients used varied in different regions. People of Italian Peninsula preferred use of olive oil for cooking, seasoning and other purposes. Citizens in Northern European territories however used butter. Pork was the most popular meat in the empire, except in Western Asia and Egypt, where people disliked pig for being dirty and used beef and mutton instead. The Roman elite also liked to dine in style.

The boys also discussed the Roman clothing and the fact that Romans paid special attention to their clothing. Wealthy Romans followed fashion trends of the time. The clothes were designed and marked in a manner that depicted the social status of the man wearing them. Common citizens wore unmarked clothes but those holding political or administrative positions had their clothes marked to show their standing in society. Male citizens of Rome usually wore a distinctive garment called a 'toga'. Married Women wore a different garment called a 'stole'. Unmarried girls wore tunics only.

We were very fortunate this week as we had the pleasure of Miss Olney's company. She visited our group and shared her knowledge on Roman Civilization with the boys. She additionally assessed them through a Quiz on the Roman Daily Life.

The boys were thrilled from the house points they received and awarded Miss Olney with her Diploma in Lingua Latina et Greca cum laude (with Distinction). Thank you very much, Magistra Olney, for your enthusiasm and your wonderful contribution. We salute you!



## From Clubs

Miss Taylor writes...

### Modern Foreign Languages Club for Summer Term

For the Summer Term, we would like to launch a new Modern Foreign Languages Club. The boys have expressed so much interest in having one at Wetherby and it would be a great way for them to have the opportunity to learn about new languages and culture in a fun and exciting way. Here, at Wetherby, we are very lucky to have families who speak a wide range of different languages at home and come from a variety of different cultures. Therefore, we would love for you, our Wetherby parents, to be involved! You may want to give them a Russian language lesson, teach them about South American culture or get them to taste some Asian cuisine, for example.

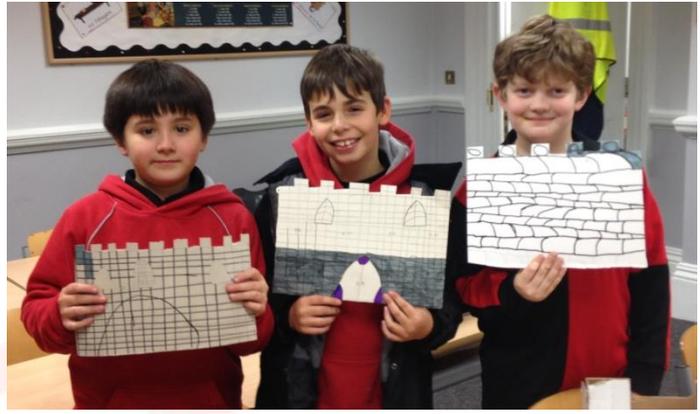
If you are interested in giving our boys a one-off taster lesson of your mother tongue or teaching them about another culture, we would love to hear from you! [katie.taylor@wetherbyprep.co.uk](mailto:katie.taylor@wetherbyprep.co.uk)



## History Club

Miss Kroiter writes...

This term we have been building castles from cardboard and learning about Motte and Baileys. We will soon look at the Aztecs, the History of Space amongst other fun topics.



## From the Games Department – Match Report

Mr Dean writes...

### Under 10 Rugby at Epsom College National Schools Rugby Tournament

On Sunday the U10 Rugby team took part in the regional qualifiers for the national schools rugby tournament at Epsom College. The aim for the team at the start of the day was to qualify for finals day on the 19<sup>th</sup> March. Standing in their way would be Kings House, Rokeby, and Hoe Bridge School, who all had similar ambitions.

Wetherby made an impressive start against Kings House. The boys scored ten tries in a 50-10 victory, the pace of the Ogbunude brothers proved extremely dangerous as they ran in five tries between them. Joshua Ashley (2), Alexander Scott (2) and Edward Jephcott completed the scoring.



Rokeby provided the next challenge in a much closer encounter. Wetherby had edged ahead by half time leading 10-0. Three further tries in the second half made the game safe, with Chinua and Chinonso Ogbunude, Edward Jephcott and Joshua Ashley again the try scores.



With one game remaining the boys were now in a strong position to qualify, however the final game was against Hoe Bridge School, who also had an undefeated record. Things started very well for Wetherby with tries from Chinua Ogbunude and Alexander Scott giving them a 10-0 lead at half time. However in the second half their previous efforts, and the fact there had been no rest between matches, began to take its toll. The boys started looking a little tired and Hoe Bridge, who did have a break before the game, came back into it by scoring three tries to take a 15-10 lead. A last big effort from Wetherby saw Chinua Ogbunude score again to level the match with just a minute remaining! Unfortunately the defence couldn't hold on, and in a tense finale Hoe Bridge

managed to score with the last play of the game to win 20-15.

It was obviously very disappointing to concede four tries in one half, but with the top two teams in each group qualifying Wetherby are safely through to finals day. We will return to Epsom College on 19<sup>th</sup> March to stake their claim as one of the best under 10 teams in the country. Well done, boys.



### Week 19 Fixtures

Last Thursday the Under 10s played the Falcons. It was fantastic to win 4 out of 5 games and to regain, as mentioned last Friday, the Wetherby-Falcons Shield. A special mention to Under 10 Bs who won 45-0.

#### MoM

As - Jonny Cullinane  
 Bs - Kilian Seidel  
 Cs - Thompson Higgins  
 Ds - Micha Kupsin  
 Es - Maximilian Papasavvas

On Sunday the Under 9,10 and 11 A teams took part in the South East Regional Qualifiers at Epsom College. All boys played well and were a credit to the school. A special mention to the Under 10s who qualified for the nationals losing only one game. The 1st XIII are also through.

#### Man of the Tournament

U9s - Ethan Ruimy  
 U10s - Edward Jephcott  
 U11s - Raphael Harpel

Monday saw the Under 11s take on Fulham Prep. All boys worked hard and some fantastic rugby was played. A special mention to the Under 11 Es who won 55-10.

#### MoM

As - Cash Cooper  
 Bs - Cameron Childs  
 Cs - Jonathan Rudd  
 Ds - Frankie George  
 Es - Zack Roda

Tuesday saw the Under 8s in action against Arnold House School. A special mention to the Under 8As who won 70-35.

#### MoM

As - Benett Higgins  
 Bs - Aran Mehra

Wednesday saw the Under 12As and the 1st XIII take on The Hall. Both matches were physical with both teams playing some excellent rugby. It was great to record two wins against one of the stronger oppositions on our circuit. A special mention to the Under 12As who won 25-10.

#### MoM

U12As – Barnaby Russell  
 1st XIII - Claudius Wheeler

#### Top Try Scorers (as of Wednesday)

Joshua Ashley	14
Chinonso Ogbunude	14
William Hoskins	14



The U11s against Epsom College last Sunday – thanks to Mr Bischoff for some action shots!



### From the Performance Corner – Courgett-i Spaghetti

Mr McClinton writes...

Densely nutritious, easy to digest, this recipe is packed with goodness and is an ideal pre and post exercise meal. Spiralizing is a creative way to turn vibrant vegetables into delicious noodles. You can quickly and easily sauté the noodles in a pan with a little coconut or olive oil.

1. Using a spiralizer turn the carrot and courgette to create long noodles. Place in a bowl, sprinkle with sea salt.
2. Place the ingredients for the nut cheese (see below) in a high speed blender. Blend until smooth (you may want to add a little water for the right consistency).
3. Mix the pepper sauce ingredients (add a little water for the right consistency if necessary).
4. Rinse the vegetable spaghetti and dry well.
5. Place in a bowl and add the basil leaves, tomatoes, anchovies and olives. Season. Mix in the cheese and drizzle with pepper sauce. Heat according to taste.

#### Ingredients - Serves 4

- 4 courgettes
- 4 carrots
- Pinch of sea salt
- Handful of basil leaves

- Mixed herb seasoning
- Anchovies
- Olives and cherry tomatoes, sliced to serve

#### Macadamia Nut Cheese

- 1 cup / 125g macadamia nuts
- ½ cup / 60g cashew nuts
- 1tbsp tamari or coconut amino liquid
- 2tbsp lemon juice
- 2-3 tbsp water
- 1tbsp nutritional yeast flakes

#### Red Pepper Sauce

- ½ cup pine nuts
- 1 red pepper
- 2tsp lemon juice
- 1tbsp tamari (wheat free)
- 2tsp xylitol (natural sweetener)
- Sundried tomatoes

**Option to add:** Nutritional yeast flakes - an easy way to add extra B vitamins to your dish.

### From the Maths Department – Weekly Challenges

#### Top Ten Speed Kings!

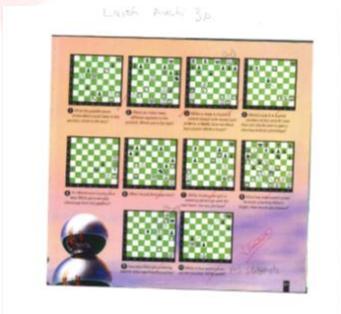
Mr Gascoine writes...

A re-entry into the top ten from Nicholas Wright Rocafort! Nicholas has blasted into the top ten and has claimed fourth place, thus disposing Hector Bodker from the glory of the top ten. Felix Welter and Killian Seidel have also improved their times to share fifth place. And with number 1 and 2 static, the rest are closing the gap on a weekly basis. It's a jungle out there in Speed Test land. No prisoners.

1	Adam Khan	Year 5	1 min 52 sec
2	Zayn Shabeeh	Year 5	1 min 56 sec
3	Chinonso Ogbunude	Year 5	2 min 09 sec
4	Nicholas Wright-Rocafort	Year 5	2 min 12 sec
5	Felix Welter	Year 4	2 min 14 sec
6	Killian Seidel	Year 5	2 min 14 sec
7	Nadhmi Auchi	Year 5	2 min 31 sec
8	George Sakellariou	Year 5	2 min 33 sec
9	Joshua Ashley	Year 5	2 min 35 sec
10	Fergus Farrell	Year 4	2 min 40 sec

#### Maths Challenge

House point for each. Congratulations to the above pupils. Please make sure that all answer sheets include workings out, full names and forms please.

Correct Entries for Lower & Upper Challenge: 1 Housepoint	Lower and Upper School Maths Challenge
Laith Auchi Taymour Auchi Nadhmi Auchi	

## Out of School Achievements and Photos

### Watch out - Nahdmi A has a black belt in Taekwondo!

Nahdmi receiving his Taekwondo 'Black Belt 2nd dan', broken finger and all!

The black belt grading system is a rigorous and thorough examination process. Candidates need to have mastered all aspects of Taekwondo including; kicking, punching, and defending, but also fitness and flexibility challenges, specific and lengthy routines as well as breaking wooden planks with their bare hands and feet!

The word 'dan' means stage or step and after completing all the other belts -white, yellow, green, blue, red - you proceed to black. It starts with black belt 1st 'dan' going up to 9th 'dan'. He completed his 1st 'dan' black belt about 13 months ago and has been preparing for this next stage - 2nd 'dan' - since then. Last weekend he successfully completed and passed his exam.

He is now officially black belt 2nd 'dan' master of taekwondo! Congratulations, Nahdmi!



### Wetherby boys dominate the U13 Eton Fives!

Milo G (8l) and Kit R (8l) Two Wetherby boys are in top 16 at the Eton Fives U13 Nationals. They've won some stunning matches including a comeback from 10-3 to win 14-13! Milo made the last 16 of the cup and Kit the last 16 of the plate. Well done, boys!



### **Sebastian M excels in the swimming pool this week**

Sebastian qualified to swim in the Middlesex County Swimming Championships over the past two weekends. Swimming in the 13 yr old category, he qualified for an impressive 13 individual events and 2 team events. He also achieved several personal best times in process. Well done, Sebastian!



### **Alexander A sings at Westminster Abbey**

Alexander A (4K) and his fellow choristers from the London Youth Choir were invited on Monday to sing at the evening service at the Westminster Abbey to commemorate the Queen's ascension day. The boys sang with the Westminster Abbey Choir.

After the ceremony, the Westminster Abbey Choir Master treated Alexander and his friends to a dedicated tour where boys learnt about the Abbey's history and visited the burials of various monarchs and dignitaries. A special evening to remember with reverence! Well done to the London Youth Choir Boys Choir and huge thanks to the Westminster Abbey Choir for warm welcome. What an honour, Alexander!



### **My Wetherby**

Welcome to a new section for the Wetherbuzz. Each week we'll quiz a Wetherby citizen with a set of questions to find out what makes Wetherby special to them.

First up, Head boy, **Nader M**

**Which House are you in?**

Chepstow (the best)

**What is your favourite club?**

Rowing / Classical Club / Rugby

**Kit-Kat or Chomp?**

Chomp

**What would you teach if you were going to be a teacher?**

Humanities

**Favourite sport at Wetherby**

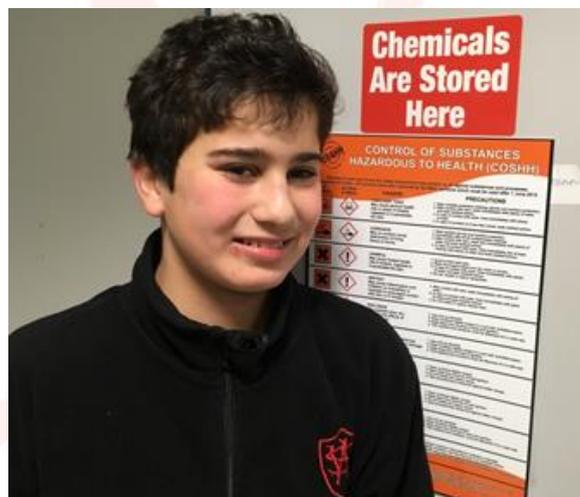
Rugby

**What would you do if you were Headmaster for the day?**

Give out some HMGS's.

**If you went to Pizza Express with a famous person (dead or alive) who would you want it to be?**

Obama.



**Favourite book**

Count of Monte Cristo

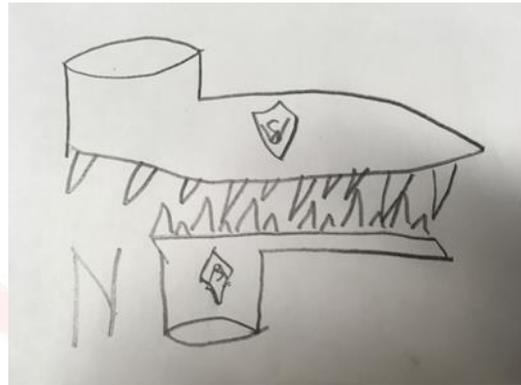
**Fish & Chips Fridays or Sausage & Mash Mondays?**

Fish & Chips.

**Tell me a funny story from your time at Wetherby.**  
 When Mr Metherell was showing us how not to break a ruler, and then he broke one.

**If you could plan a school trip, where would you go?**  
 Portugal.

**You have one minute to draw a Wetherby branded item.**



*Wetherby branded 'crocodile gloves'*

Thanks, Nader!

**Highest Housepoint Earners by Form Class**

Lower School	
3P	Taymour Auchy
4B	Frederick Edis
4K	Saif Meliti
4M	Oliver Toon
5B	Ludovic Remers
5K	Benjamin Govindan
5T	Leonardo O'Sullivan

Upper School	
6B	Frankie George
6J	Noah Grunschlag
6T	Ashaan Jayaraj
7M	Christopher Radcliffe
7T	Laurence Fritze
7V	Varun Vashisht
8B	Marco Castelli
8F	Pietro Antonaci
8G	Sebastian Lind
8I	Nilesh Jayaraj

**Highest Housepoint Earner for the Week**

**Nilesh Jayaraj – 63**

**Weekly Housepoint Totals**

First Place	Second Place	Third Place	Fourth Place
Westbourne 766	Dawson 598	Pembridge 569	Chepstow 537

**Yearly Housepoint Totals**

First Place	Second Place	Third Place	Fourth Place
Dawson Captain M. Gwynne	Westbourne Captain J. Ward	Pembridge Captain D. Shirazi	Chepstow Captain A. Grigg

8,497

8,458

8,167

8,109

## Form Class Winners

First Place	Second Place	Third Place
Form 6J 280	Form 5T 248	Form 8I 194

Week	Form Class	Form Tutor
1	4B	Miss Baillieu
2	6J	Miss Balgobin
3	7T	Mr Metherell
4	6B	Mrs Bassett
5	8I	Mr Goodman
6	6T	Miss Taylor
7	5T	Mr Thorne
8	6J	Miss Balgobin
9	4B	Miss Baillieu
10	8F	Mr Froggatt
11	5K	Miss Kroiter
12	3P	Miss Phoenix
14	4M	Miss Martin
15	4B	Miss Baillieu
16	7M	Mr Morrison
17	5T	Mr Thorne
18	6J	Miss Balgobin



Form Class Winners – 6J



**Class Achievement – Miss Baillieu's Year 4 English Class**

**Headmaster's Good Shows**

Gold 10 Housepoints	Silver 5 Housepoints	Bronze 3 Housepoints
Jago Cahill-Patten - Geography	Max Adams – Maths	Tristan Anderson – French
	Max Adams – Science	Yermek Aubakirov – RS
	Innes Adam - English	Henry Bush - RS
	Zain Amjad – English	Oscar Beard – French
	Zain Amjad – English	Sebastian Bell – English
	Sebastian Bell - English	Luca Bengough – Art
	Leonardo Bertolo – English	Harry Coombs – RS
	Colin Bloom – Art	Harry Coombs – Maths
	Boris Bogolyubov - English	Lachlan Cairncross – English
	Oliver Bush – English	John Cartwright – English
	Henry Bush – Science	Henry Charles – English
	Lachlan Cairncross – Art	Henry Charles – French
	Marco Castelli – Art	Cameron Childs – Art
	Massimiliano Catallo-Bauman – English	Edward Darwent – Presentation
	Harry Coombs – Classics	Theodore Daudy – English
	Harry Coombs - History	Gabriel Daudy - RS
	Joshua Crouzier – History	Sebastian Drax – Maths
	Rupert Cullinane – English	Frederick Edis – Geography
	Edward Darwent – Art	Tyler Fairbairn – History
	Theodore Daudy – English	Ivan Galanternik – Art
	Gabriel Daudy - English	Benjamin Govindan – Art

Andre Davis – History	Jack Greenwood – English
Aditya Dubey – English	Noah Grunschlag – Geography
Aditya Dubey – French	Noah Grunschlag – Art
Frederick Edis – French	Arthur Hamill – English
Tyler Fairbairn – Maths	Bennett Higgins – Community Duty
John Fairbairn - Maths	Luca Hurrell – RS
Javier Fernandez de Ybarra – Science	Nilesh Jayaraj – History
Nicholas Finch – Geography	Ashaan Jayaraj – History
Laurence Fritze – History	Cody Juma – English
Vincent Giancola – English	Kameron Khlatt – History
Jake Gillanders - English	Sami Kupsin – French
Benjamin Govindan - English	Louis Leouzon – Science
Thomas Gray – English	Sebastian Lind - RS
Jack Greenwood – English	Luca Maher – Maths
Noah Grunschlag – English	Daryus Marchant - Art
Alec Hogarth – Science	Eero Martin – Science
Edward Hudson – English	Eero Martin – History
Nilesh Jayaraj – History	Rory McConnon – English
Nilesh Jayaraj - English	Santiago Mendes-Esteves – English
Sami Kymisis – English	Dylan Payne – Community Duty
Montagu James – Science	Zac Roda – Community Duty
Ashaan Jayaraj – Latin	Felix Welter – French
Edward Jephcott – English	Jonathan Rudd – Community Duty
Cody Juma – Art	Ishan Sahni – Art
Louis Leouzon - RS	Oscar Simich – English
Luke Leventis – English	Gideon Stead – English
Luke Leventis – Art	Oliver Toon – English
Sebastian Lind – English	Emile Van't Sant – RS
Sebastian Lind – English	Beckett Willis – French
Sebastian Lind – English	
Joshua Linnane – English	
Lucas Linnane – Art	
Eero Martin – RS	
Luca Maher - English	

Saif Meliti – English

Saif Meliti – English

Riki Mian – English

Leonardo O'Sullivan – History

Maximilian Papasavvas - English

Luca Pozzo – English

Oscar Rasmussen – RS

Ludovic Remers – English

Zac Roda – Art

Jonathan Rudd – Geography

Barnaby Russell – Maths

Kit Ropner – English

George Sakellariou - History

Edward Seppala – English

Lukas Sjoborg – RS

Lukas Sjoborg - English

Albert Stacey – RS

Albert Stacey – English

Benjamin Shailer – English

Lucas Simich - English

Zayd Sindi – English

Luke Tan – English

Oliver Toon – Maths

Emile Van't Sant – History

Varun Vashisht – Art

Varun Vashisht – English

Varun Vashisht – English

Varun Vashisht – Science

Varun Vashist – Classics

George Wells – English

Felix Welter - English

Alexander Williams – English

Sam Williams – Art

Charles Wuytack – English

Claudius Wheeler – French

Sam Williams – Art

Alexander Williams – English

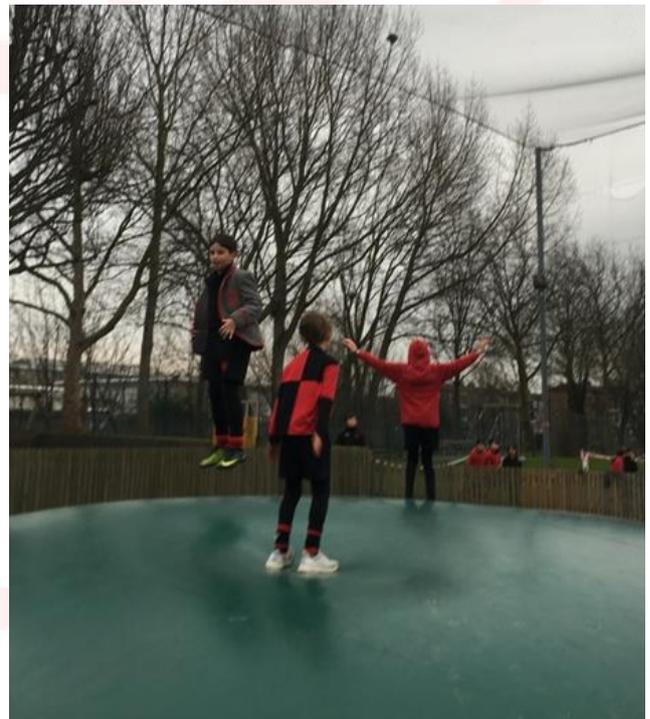
Claudius Wheeler – French

Charles Wuytack – English

**Photos from the Week**



**Form time fun 4M**





Still energy for a bounce on the trampoline ...Year 5 wind down post Cross Country



So relaxed - Rory M (5B) and Alexander (5T) post - Cross Country.  
Thank you for the fantastic photos from Mr Scott!





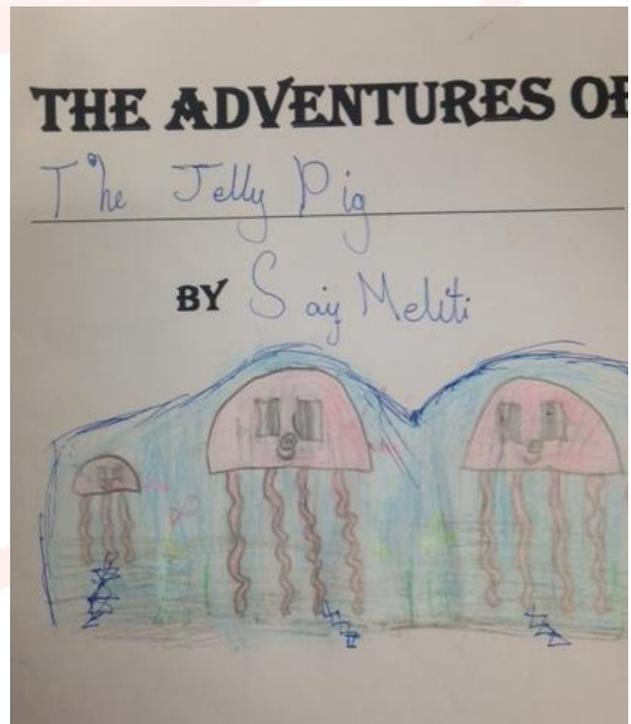
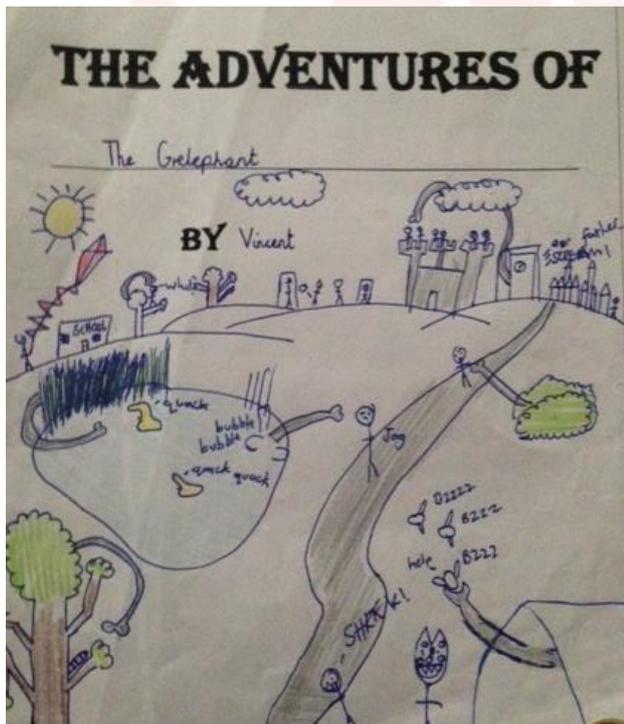
Community Duty Pros



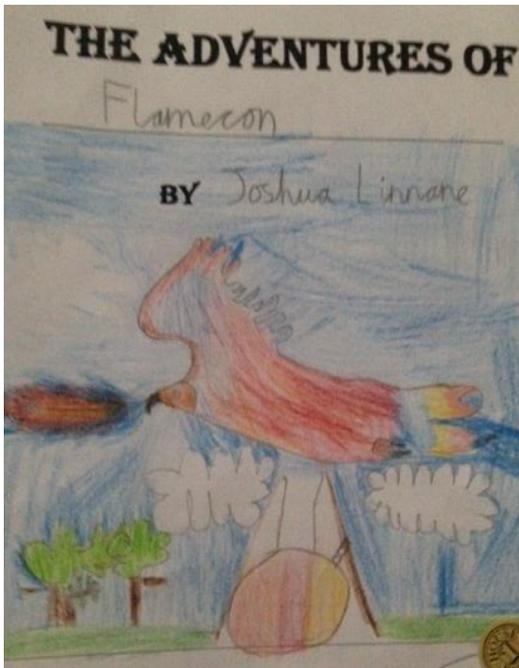
Year 4 testing out their new gum shields



Team tactics and spectacular catches at Epsom last Sunday



A few of the fabulous Year 4 Animuddles stories including, the adventures of the Jelly Pig, the Gelephant and Flamecon!



### The Annual Wetherby 'Come Dine with Me'

Ms Tsoka writes.....

What an amazing team! We are all so lucky to have children in this amazing school! What a lovely evening it was. A heartfelt thank you and huge congratulations to everyone who made it so special for us. Go #Wetherbyteam!





And in the kitchen...



## Staff Appreciation!



Mr Gascoine's own Welsh flag



Spot Mr Thorne

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