



**Week 20 Wetherbuzz**

**Monday 27<sup>th</sup> February – Saturday 4<sup>th</sup> March 2017**

<p style="text-align: center;"><b>Monday 27<sup>th</sup> February</b></p> <ul style="list-style-type: none"> <li>• World Book Week</li> <li>• Staff Meeting – 8am</li> <li>• Games for <b>Years 3 and 4</b> – 9-11:30am</li> <li>• Games for <b>Years 5 and 6</b> – 1:30-4pm</li> <li>• Year 3 &amp; 4 Author Visit Usifu Jalloh – 12.30 pm</li> <li>• U11A-C vs. Thomas' Clapham (A) – 2:30pm</li> <li>• U11D-F vs North Bridge House (A) – 2:30pm</li> <li>• 4K &amp; 4M Parents' Evening – 5-8pm</li> </ul>	<p style="text-align: center;"><b>Monday Clubs</b></p> <ul style="list-style-type: none"> <li>• Lower Debating – 4-5pm</li> <li>• Upper Debating – 4-5pm</li> <li>• Tour Choir – 4-5pm in the Music Room</li> <li>• History Club – 4-5pm</li> <li>• Indoor Rock Climbing – 4-5pm</li> <li>• Indoor Sports – 4-5pm</li> <li>• Creative Writing (Years 3&amp;4) – 4-5pm</li> <li>• Creative Writing (Years 5&amp;6) – 5-6pm</li> <li>• Elite Fencing – 4-6pm</li> </ul>
<p style="text-align: center;"><b>Tuesday 28<sup>th</sup> February</b></p> <ul style="list-style-type: none"> <li>• Wetherby Choir – 8-9am</li> <li>• Year 6 Author Talk Marita Philips – 9am</li> <li>• Games for <b>Year 7 and 8</b> – 9-11am</li> <li>• Swimming for <b>Year 5</b> – 9-11am</li> <li>• Games for <b>Years 3 and 4</b> – 1:30-4pm</li> <li>• U11A Rugby 7s Rokeby Tournament (A) – 2:30pm</li> <li>• U9A-F vs. Arnold House (A) – 2:30pm</li> <li>• Pioneer Recital Series Concert with Mr Brawn &amp; Mr Jenkinson, Pioneer Hall – 7pm</li> </ul>	<p style="text-align: center;"><b>Tuesday Clubs</b></p> <ul style="list-style-type: none"> <li>• Running – 7:45-8:20am</li> <li>• Fitness – 8-9am</li> <li>• Fencing (Years 3&amp;4) – 4-5pm</li> <li>• Table Tennis – 5-6pm</li> <li>• Chess – 4-5pm</li> <li>• Latin Level 3 Preparation – 4-5pm</li> <li>• Dolphins Development Squad – 4:15-5pm</li> <li>• Musicianship and Theory – 4-5pm (Chelsea Quavers)</li> </ul>
<p style="text-align: center;"><b>Wednesday 1<sup>st</sup> March</b></p> <ul style="list-style-type: none"> <li>• Year 7 Rowing at Putney – 8am</li> <li>• PTA Meeting – 9am</li> <li>• Year 8 Author Visit Cliff McNish – 9am</li> <li>• Physical Education for Year 7 – 9-10:30am</li> <li>• Swimming for <b>Year 3</b> – 9-11am</li> <li>• Swimming for <b>Year 4</b> – 10-12pm</li> <li>• Games for <b>Year 7 and 8</b> – 1:30-4pm</li> <li>• Epsom College Cross Country – pm</li> <li>• 2<sup>nd</sup> XIII vs WSS (A) – 2:30pm</li> <li>• 3<sup>rd</sup> XIII vs. WCCS (A) – 2:30pm</li> <li>• 4<sup>th</sup> XIII vs. WCCS (H) – 2:30pm</li> <li>• U12A &amp; B vs. Rutlish School (A) – 2:30pm</li> <li>• 3P &amp; 4B Parents' Evening – 5-8pm</li> </ul>	<p style="text-align: center;"><b>Wednesday Clubs</b></p> <ul style="list-style-type: none"> <li>• Elite Chess – 8-9am in the</li> <li>• Classical Greek Civilisation – 4-5pm</li> <li>• Cardboard Engineering – 4-5pm</li> <li>• Lower Code Club – 4-5pm</li> <li>• Development Fencing – 4-6pm</li> <li>• Travel and Culture – 4-5pm</li> <li>• Maths Games/Puzzles – 4-5pm</li> <li>• Lower Swim Squad Year 5 – 4:10-5pm</li> <li>• Lower Swim Squad Year 4 – 5-5:45pm</li> </ul>
<p style="text-align: center;"><b>Thursday 2<sup>nd</sup> March</b></p> <ul style="list-style-type: none"> <li>• Year 8 Rowing at Putney – 8am</li> <li>• Science Quiz Finals – All day</li> <li>• PTA Book Sale in the Pioneer Hall – 11am-4pm</li> <li>• Physical Education for <b>Year 8</b> – 9-10:30am</li> <li>• Games for <b>Years 5 and 6</b> – 1:30-4pm</li> <li>• U10A-D vs. The Hall (A) – 2:30pm</li> <li>• Wetherby Voices – 4-5pm</li> <li>• Management Meeting – 4:30pm</li> <li>• LAMDA Upper School Recital – 6:15-7pm</li> </ul>	<p style="text-align: center;"><b>Thursday Clubs</b></p> <ul style="list-style-type: none"> <li>• School Play – 4-5pm (see rehearsal schedule)</li> <li>• Upper Code Club – 4-5pm</li> <li>• Maths Revision for Year 8 – 4-5pm</li> <li>• Upper Swim Squad – 4:30-5:30pm</li> <li>• Fencing (Year 5) – 5-6pm</li> </ul>
<p style="text-align: center;"><b>Friday 3<sup>rd</sup> March</b></p> <ul style="list-style-type: none"> <li>• Staff Meeting – 8am</li> <li>• Whole School Assembly at Church of the Annunciation – 8:30am</li> <li>• Year 3-6 London Swim League Finals at Bute House (A) – 4:30pm</li> </ul>	<p style="text-align: center;"><b>Friday Clubs</b></p> <ul style="list-style-type: none"> <li>• Whole School Clubs – 2:30-4pm</li> <li>• No Homework Club – school closes at 4:30pm</li> </ul>
<p style="text-align: center;"><b>Saturday 4<sup>th</sup> March</b></p> <ul style="list-style-type: none"> <li>• U11A Rugby Tour of Dublin</li> <li>• Ski Club Day – pm</li> </ul>	

Dear Parents,

Boy it was windy yesterday; our back gate was swinging on its hinges all night and I went through that, "Do I get up and shut it or do I try to get back to sleep and wait for the wind to die down?" dilemma. I had to go down in the end, at around 4:30 in the morning, and didn't get back to sleep so apologies if anyone witnessed me stifling a yawn yesterday. Shouldn't have happened though as I have never needed much sleep. My older son, Patrick, is the same. As much as we tried 'controlled crying' when he was a baby, it ended up that he just wasn't keen on sleeping. He never needed a midday nap and even now, at eleven years old, he gets up early and can lie in bed for hours before falling asleep. When I got back quite late last night, after GCSE Options Evening at the Senior School/Year 6 Parents' Evening at WPS, he was still wide awake. I went in to check on him and he simply said, "Dad, what do you think Watford's top five goals have been this season?" I confessed that I hadn't given it a great deal of thought but he replied that he'd just been thinking about it whilst lying there for the past couple of hours and had come up with a definitive list!

None of this is intended in any way to vex a no doubt currently exhausted Mr and Mrs Henry Warner, whom we are delighted to announce have brought Susannah Jill Warner into the world over half-term. Our best wishes and congratulations to them both. As any of us at the Senior School will know, Henry is one of life's true characters and a most engaging and warm-hearted person; he will undoubtedly make a superb father. Though currently on paternity leave, he is still 'working' and has produced this week's 'Barometer'. Now that's true #teamwetherby commitment.

Have a good weekend,



Nick Baker

### From the Head of Art/Design - Wetherby's First Art Scholarship

Miss Clifford writes...

I am really excited to announce that George Greig, 8F, has been awarded an Art Scholarship for Wellington College. Not only is this our first Art Scholarship for Wellington College, it is Wetherby Prep's first ever full Art Scholarship. He performed incredibly well at the Art assessment day at Wellington College, and had produced an art portfolio which was of an extremely high standard.

From the Head of Art at Wellington College following the assessment day:

"George's portfolio is full of mature and accomplished work: innate talent; assiduous; beautiful drawings. He spoke with passion and modesty, and produced some first class drawings from observation."

During his time at Wellington College, George will have the status, accolade and opportunities of an Art Scholar and we know he will really take advantage of this. We can't wait to see future artwork from George - what a bright future he has ahead of him. Well done, George!



### Citizen of the Week

This week's Citizen of the Week is Noah G in 6J. A splendid example of how a happy smile can fill a room and generate its own momentum, Noah is such a positive boy; his organisation, punctuality and examination results all reflect an outlook that is valued as highly here at Wetherby as it is in the wider world. Well done, Noah!



### Sportsman of the Week

This week's Sportsman of the Week Jago C-P. Light, lean and fast, Jago is a fantastic all-rounder who gives 100% to every sporting engagement. Be it football, rugby, cricket or cross-country, Jago will give of his all, inspiring the rest of his team no matter the weather or the strength of opposition. Well done, Jago!



### From the Senior Mistress – School Council

Miss Olney writes...

The boys continue to impress all the staff at Wetherby with their excellent initiatives and suggestions in School Council. Some of the latest ideas from this week included:

- **House colour drinking cups** – Nader has noticed that the drinking cups are all Dawson coloured (red) at lunchtime and has noticed that a few Pembridge coloured ones have started to appear. He was curious about getting some green/yellow ones for Westbourne and Chepstow which Chef Peter has already ordered!
- **House mascots (teddy bears)** – The boys haven't seen the teddy bears in a while and would very much like to bring these out again for Inter-House events. Miss Kirby has tracked down the bears and the PLT will bring these to the next event.
- **Pizza toppings** – On days when pizza is served, the boys were wondering if they could have a selection of toppings to put on their pizzas from the salad bar e.g. ham, pepperoni, olives, pineapple etc. Chef Peter has already responded to this and will start up a 'pizza bar' for when the boys have pizza for school lunch.
- **School trips** – The boys love going on school trips and feel they are a good way of consolidating their learning. Some of the Year 5s were asking about a school trip for the Summer Term. Miss Kroiter has responded to this by organising a trip to Castle Mountfitchet in the Autumn Term for Year 6 and there are a few other trips in the pipeline...
- **Manners reminder** – Nicholas suggested a 'Manners Poster' for the Dining Room to remind the boys of their table manners. Miss Balgobin has agreed to oversee this in 6J as the boys put together a poster for the Dining Room.
- **School referendums** – When there is a big decision to make, Sam suggested that the whole school should hold a 'referendum' and cast a vote. One to think about for the future of School Council and how this can be implemented...

- **Junior Bake Off Champ 'Zac Roda' Collaboration** – Sam suggested that it would be good to get some of the boys to collaborate with Chef Peter such as Zac who could help 'design' a new dessert. I have spoken with both Zac and Chef Peter who are really keen to collaborate so just watch this space...
- **Take Your Son to Work Day** – Joshua suggested that it's always interesting to find out more about different places of work and an idea for post CE is for Year 8 to 'go to work with their father'. Mr Blundell is overseeing the post CE programme and this is an idea we could factor into the timetable.

The next School Council meeting is Tuesday 28<sup>th</sup> February at 8:30am in the Dining Room.



#### From the Senior Master – Fixture Letters

Dear Parents,

From this week we will no longer be attaching team sheets to the Wetherbuzz, instead all information will be available from our brand new sports website [www.wetherbyprepsport.co.uk](http://www.wetherbyprepsport.co.uk). Alternatively you can access the link via the main school website [www.wetherbyprep.co.uk](http://www.wetherbyprep.co.uk) and then click onto 'sporting activities'

Once onto the website, you will be able to look at future fixtures, as well as previous results and scorers. Please have a look through the website and use the 'Sports Calendar' or 'Sports & Teams Fixtures & Results' to navigate to any upcoming matches. Once you are on a specific team/year group's page there will be a small blue symbol which looks like a person. This is a link to the team sheet which can be accessed with the password: 'TeamWetherby'. Alongside the team sheet will be all the match information including location, and return time.

All team sheets will be accessible on the website on a Friday before the following week. The same time as the Wetherbuzz is released.

I hope this all makes sense and please do not hesitate to ask me any questions via email [Stephen.blundell@wetherbyprep.co.uk](mailto:Stephen.blundell@wetherbyprep.co.uk)

#### From the English Department

Mrs Trevitt writes...

#### Book week

#### Year 7 and 8 - a date for your diary!

On Wednesday 1<sup>st</sup> March we are planning an exciting event for our Year 7 and 8 boys. Cliff McNish, author of The Doomspell series, Going Home and Breathe, amongst other titles, has agreed to visit the school to talk to the boys about his books.

Cliff is an internationally renowned author, whose work has been translated into many languages and we are delighted to have secured a visit by him. Cliff will be talking to the boys about inspiration for their own writing and also enthusing them with the joy of reading. This will support the literacy work that we do in school and we hope it will prove a stimulating experience.

Afterwards there will be an opportunity for students to buy a book and get it dedicated to them and signed by him. A signed book can be a permanent reminder of a special experience and can reinforce the message about the importance of reading. If your son would like to purchase a book, please make sure they bring some money in on the day.

The books are priced as follows:

The Doomspell	£6.99
Angel	£6.99
The Hunting Ground	£6.99
Savannah Grey	£6.99

Please send cash rather than a cheque if possible, as this makes life a lot easier for us. Of course, if your child already owns any of Cliff's books they would be welcome to bring those in and he would be happy to sign them.

#### **Year 6 - a date for your diary!**

On Tuesday, 28<sup>th</sup> February, Marita Philips, a lyric writer, will be joining us to talk about her new book 'The Dream Dealer'. <http://thedreamdealer.co.uk>

Marita has written the book and lyrics for the children's musicals 'The Dream Dealer' and 'BUZZ –the story of Glory Bee'. If the boys want to purchase their own signed copy of 'The Dream Dealer', they should kindly bring in £4 – a special price for Wetherby boys only!

#### **Year 3 and 4**

Lucky Year 3 and 4 get the pleasure of listening to the Cow Foot Prince on Monday! Usifu Jalloh, a remarkable storyteller from Sierra Leone, will be joining us once again to entertain the boys with his unique brand of interactive storytelling. Have a browse of his website and prepare to be entertained!

<http://www.usifujalloh.com/>

#### **PTA Book Sale**

On Thursday, be sure to bring in some change to spend at the annual PTA book sale. I'm sure you'll find a gem or two to inspire your reading.

#### **Dress up like a book character!**

On Friday 3<sup>rd</sup> March, feel free to come dressed as your favourite book character. Get as creative as possible, boys, have fun with it - and you'll make the Wetherbuzz hall of fame!

#### **Book week competitions**

Here's your chance to win some prizes during book week in our fun competitions boys – hand in all entries to your English teacher or form teacher, or post in Mrs Trevitt's post-box on the Maths floor by **Thursday**.

**Lower school competition** – Spot the book! Teachers will be walking around with their favourite book all week – can you match up the book to the teacher? Entry forms available from your form tutor or English teacher. Keep those eagle eyes peeled!

**Upper school competition** - staff shelfie! A tricky one – use your powers of deduction to work out which bookshelf belongs to which member of staff! Entry forms available from your form tutor or English teacher. All shelfie pictures will be on a rolling display on the English floor.

#### **Form door decoration**

All forms – what will your form door look like? Will it be the portal to Narnia, a collection of your favourite book covers or perhaps the entrance to platform 9 ¾? Get creative and have fun with your class!

#### **Valerie Bloom visit for Year 5 and 6**

In our run up to book week next week, we were privileged to host the renowned poet Valerie Bloom. Year 5 and 6 listened to her talk; we learned Jamaican patois and helped Valerie perform some of her poems! Year 5 were then lucky enough to take part in a writing workshop with Valerie, creating a poem with her and then writing their own kenning poem. What a wonderful opportunity to 'work with a professional' as Jack Dupuy so eloquently put it!



### Wetherby Monologues

Mr Thorne writes...

The Wetherby Youtube channel is hosting the first in a series of 'Wetherby Monologues'. Daniel Bjorgolfsson in Year Seven performed a grand recitation of his autobiographical account of a tree in Central Park. Take a few moments to watch the episode on the Wetherby Youtube channel.

<https://www.youtube.com/watch?v=bLdQ8agqljs>

### Compound Words – YouTube Video

Check out my latest video on 'Compound Words' - <https://www.youtube.com/watch?v=k1GlivjQazA>

### Creative responses to Susan Hill's *The Woman in Black*

Mr Hewitt writes...

Boys in Year 7 WH English are currently studying Susan Hill's modern gothic novel and were invited to respond visually to her evocative description of Eel Marsh House, the now deserted (or is it?) former home of one Alice Drablow, deceased. Hill reveals the lonely house, isolated and only accessible by a narrow causeway for a few hours each side of low-tide, through the eyes of young solicitor, Arthur Kipps, despatched from London to wind up her estate. Those few comforts afforded by the nearest small, windswept town of Crythin Gifford are far, far away.

Perhaps better known for the stage adaptation of the novel, *The Woman in Black* is currently the second longest-running play in the West End, after the *Mousetrap*, but I would not recommend a visit for Year 7 boys as the play exploits to the very full the dramatic potential of theatre; that's my euphemism for, "It's absolutely terrifying," whereas the novel maintains a far greater sense of subtlety, nuance and description. It is written beautifully and will extend the boys' vocabulary and expressive powers considerably.

I hope that you enjoy their responses as much as I did...



**Edward Darwent's superb, 3-D film set**



**Sebastian Moscoso's splendid pencil drawing**



**Barnaby Russell's brooding Eel Marsh House**



**Detail of Thomas Powell's**



**The Year 7 Team**

## From the Music Department

Mr Rodwell writes....

### Spring Recital in the Pioneer Hall - Tuesday 7th March, 6pm

This formal, evening recital features some of our most talented boys from across the school. If your son would like to perform at this event, please email Mr Brawn [nathaniel.brawn@wetherbyprep.co.uk](mailto:nathaniel.brawn@wetherbyprep.co.uk) or Mr Rodwell [zacc.rodwell@wetherbyprep.co.uk](mailto:zacc.rodwell@wetherbyprep.co.uk) by this **Monday 27th February** so that we can add him to the programme draft.

We would like to listen to all boys who are performing in the week running up to the recital in order to go over any accompaniments which may be needed and to give any last minute pointers before the recital itself.

Wetherby Voices (formerly Junior Choir) and the recently formed Tour Choir will also be performing at this event. Please encourage your sons to see us for word sheets to learn the songs from memory if they do not have them already. Boys should attend in full school uniform and **arrive at 5.45pm** in order to get themselves set up, warmed up, and seated.

### Pioneer Recital Series Recital with Mr Brawn & Mr Jenkinson - Tuesday 28th March, 7pm

After positive feedback of their recital last year, Mr Brawn and Mr Jenkinson are performing another recital of works for Cello and Piano this coming Tuesday evening. This is a perfect opportunity for the boys to experience live music in an intimate setting, and for many of Mr Jenkinson's pupils to see him perform professionally (everyone's heard Mr Brawn play the piano already!).

They shall be talking a little about the backgrounds of each piece and their composers, which serves as an education for some, but more importantly, encourages a higher appreciation for the music that you will hear. Mr Jenkinson has chosen a varied but beautiful repertoire for this recital and the two have enjoyed collaborating in their rehearsals together.

Ticket information can be found on the attached poster. Please let us know if you would like to reserve your tickets and if so, for how many adults and children. [nathaniel.brawn@wetherbyprep.co.uk](mailto:nathaniel.brawn@wetherbyprep.co.uk) or [zacc.rodwell@wetherbyprep.co.uk](mailto:zacc.rodwell@wetherbyprep.co.uk).

### Tour Hoodies

The Tour Hoodies have arrived and we are very pleased with their quality! Here's a picture of Mr Brawn and Mr Rodwell modelling them...



Some of the boys have seen them already and seemed suitably excited, but for safe keeping, we shall keep hold of them for now and hand them out on departure day.

### And Finally...

Miss Martin writes...

My brother, and friend of Mr Brawn's, Barnaby Martin, will be featured in an upcoming concert at Holy Trinity Church, Sloane Square on Saturday 4th March at 7:30pm. The concert features the world premiere of Barnaby's The Temptations of Christ, which was commissioned by the Illuminare choir. This dramatic piece sets text from Milton's Paradise Regained and brings together soloists, two choirs, tubular bells and organ in what promises to be an exciting and inspiring first performance. More information can be found at these links: <https://www.youtube.com/watch?v=FyH6cm1Wa3M>  
<http://www.cadoganhall.com/event/illuminare-choir-170304/>

## From the Religious Studies Department – Year 6 Philosophy Day

### 'Big Questions: Science and Religion'

Miss Northey writes...

This year we were fortunate to invite speakers from the team at LASAR (Learning about Science & Religion) to create a special day for pupils in Year 6, from both Wetherby Prep and St Mary's School. The day links with the topic Year 6 are currently studying in R.S, and was a fantastic opportunity for the boys to consolidate their learning with workshops and activities that got them thinking about 'Big Questions' from both a scientific and a philosophical aspect.

They attended workshops on varied topics from 'Science is all you need. Or is it?' 'My Life with Turtles and God,' 'Can a Computer be Human?' and other delights. They even interacted with Abby, the robot. The boys were brilliant at answering questions, applying their scientific and religious knowledge and engaging with every task. They had the chance to watch some excellent scientific experiments and ask a wide-ranging set of questions. It is hard for the boys to spend all day thinking and not get the chance to run around, but they really threw themselves into it and it was delightful to hear about all they learned. Thank you to all the teachers who joined in for the day and took part.



### From Institutum Studiis Latinis Schola Wetherbiana

Magister Vogiatzis scribit...

#### Classical Civilisation Club

This week our Classical Civilization Group, VOX POPULI, which means The Voice of People was introduced to aspects of Maths in Ancient Rome. The Roman Numeral, as far as we know, was the only written numbering system used in Ancient Rome and Europe until about 900 AD, when the Arabic Numbering System, which was originated by the Hindu's, came into use. (The Arabic Numbers are the ones we use today 0, 1, 2, 3, 4, 5, 6, 7, 8, 9).

Roman Numerals do not have a zero (0) and have 7 digits (I, V, X, L, C, M)

In our number system, Arabic numbers, we have ten digits (from 0-9) and we can make as big a number as we want with these.

What Roman Numerals mean:

1	=	I	8	=	VIII	60	=	LX
2	=	II	9	=	IX	70	=	LXX
3	=	III	10	=	X	80	=	LXXX
4	=	IV	20	=	XX	90	=	XC
5	=	V	30	=	XXX	100	=	C
6	=	VI	40	=	XL	500	=	D
7 = VII			50 = L			1000	=	M
						2000	=	MM

## Counting with Roman Numerals:

Roman Numerals were not just used for counting/ recording the number of objects but also the order of people sharing the same name. Roman Numerals traditionally indicate the order of...

### Rulers:



Henry I



Henry II



Henry III



Henry IV

### Church Leaders:

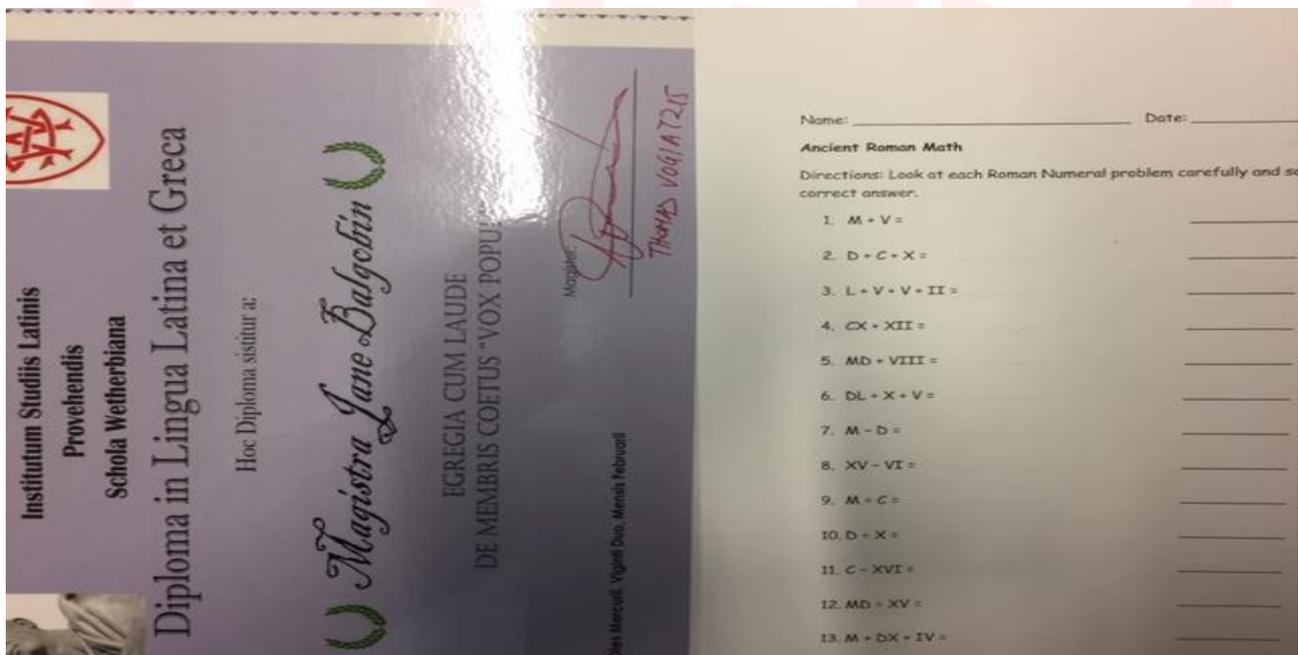


Pope Benedict XV



Pope Benedict XVI

We were very fortunate this week as we had the pleasure of Miss Balgobin's company. She visited our group and shared her knowledge on Maths with the boys. She additionally assessed them through a Quiz on the Roman Numerals. The boys were thrilled from the house points they received and awarded Miss Balgobin with her Diploma in Lingua Latina et Greca cum laude (with Distinction). Thank you very much, Magistra Balgobin, for your enthusiasm and your wonderful contribution. We salute you!!!



## From Charities – Rwanda Update

Miss Martin writes...

We have heard from our friends in Rwanda that the building work is now complete on the dormitory building project at the Mwezi Teacher Training College that our funding is going towards this year. The new dormitory will be able to accommodate 200 boys in bunk beds and will very quickly come into use. Previously the students had to sleep on the floors of classrooms, so this benefits many of the 378 students who are on role there, greatly. The staff, teachers and Rwanda Aid are incredibly thankful for the support that Wetherby offers them and we very much look forward to visiting the new dormitory over the next year.



**From the PTA**

**WANTED – Wetherby Second Hand Uniforms**

The PTA would like to ask for any second hand uniforms to be please be donated for a sale to be held on Wednesday 15th March.

Any donations can be handed in at reception. Thank you!

**From the Games Department**

**My Brother Henry**

Mr Fraser writes...

You may remember a note in the Wetherbuzz before Christmas last term about my brother's artwork. He has recently launched another item, this time with one of his latest creations, a blue eyed tiger, which Mr Baker and I think is one of his most impressive and striking to date! Henry paints entirely with his mouth and is an inspiration to me every day. If you would like to support this project, please click the link below. All funds raised go to support a charity in India, set up by one of Henry's prep school classmates – Harry Hurd - another ex-pupil of Mr Baker's! <https://www.communittee.co.uk/eyeofthetiger>



Mr Bayes writes...

### Swimming news - IAPS regional qualifiers

The Wetherby Prep swim team completed in the IAPS regional qualifiers on Thursday 9<sup>th</sup> February. Qualifiers head to Nationals in May.

The race results have been posted and are as follows :

#### Year 5

Medley Relay 4<sup>th</sup>  
Front crawl Relay 2<sup>nd</sup>

Jonathan Cullinane Backstroke 2<sup>nd</sup>  
Nadhmi Auchy Breaststroke 4<sup>th</sup>  
Alexander Front crawl 3<sup>rd</sup>  
Scott  
Michael Kupsin Butterfly 3<sup>rd</sup>

#### Year 6

Medley Relay 1<sup>st</sup>  
Front crawl Relay 1<sup>st</sup>

Nicolas Finch Butterfly 1<sup>st</sup>  
Jonathan Rudd Backstroke 1<sup>st</sup>  
Nicholas Sesson - Breaststroke 2<sup>nd</sup>  
Farre  
Lachlan Cairncross Front crawl 1<sup>st</sup>

#### Year 7

Medley Relay 2<sup>nd</sup>  
Front crawl Relay 3<sup>rd</sup>

Balthazar Bradshaw Butterfly 3<sup>rd</sup>  
Arthur Koomen Backstroke 2<sup>nd</sup>  
Max Adams Breaststroke 3<sup>rd</sup>  
Sebastian Moscoso Front crawl 2<sup>nd</sup>

#### Year 8

Medley Relay 2<sup>nd</sup>  
Front crawl Relay 1<sup>st</sup>

Alexander Williams Butterfly 2<sup>nd</sup>  
Rupert Cullinane Backstroke 2<sup>nd</sup>  
Claudius Wheeler Breaststroke 2<sup>nd</sup>  
Josh Ruimy Front crawl 2<sup>nd</sup>

A very well done to all swimmers and we look forward to the qualifying results in the next few weeks.

#### Mini - Gala against Francis Holland

Year 3 and 4 A squad competed in a mini gala against Francis Holland on Wednesday 22<sup>nd</sup> at Queen Mother pool. The boys swam brilliantly and had the measure of the girls throughout the gala. At relay time the boys showed their quality by not losing a race. In the final event, the squadron relay, all 10 boys combined to comfortably defeat FHS.

The final scores :

Year 3 WPS 24  
Year 3 FHS 18

Year 4 WPS 28  
Year 4 FHS 14

Fantastic effort by all the boys.

## U11 Colts vs. Hill House

The U11 Colts travelled to Barn Elms to play Hill House on Monday 20<sup>th</sup> February. The boys played exceptionally well and dismantled the opposition in all areas of play. Running in 11 tries to 2, the boys showed great team work and communication.

Leading from the front, the trio of Oscar Sutherland, Cash Cooper and Nicholas Sesson - Farre continue to expertly organise the defence, and all three read the game very well. Aidan Dausch, Sam Caraffa and Cameron Childs combined to form a potent attacking arsenal, running in 9 tries between them.

Cody Juma, Raphael Harpel and Nicholas Dyer played with real courage and bravery in defence and snuffed out any Hill House counter attack. The team is starting to play some attractive running rugby and I look forward to the challenges that lie ahead in Dublin.

## Week 20 Fixtures

Last Thursday before half term The Wetherby Swim Team took part in the IAPS qualifiers. All boys swam well and we wait eagerly to see if we have qualified for the Nationals.

### Swimmer of the Day

Lachlan Cairncross

Monday saw the Under 11s take on Hill House. It was fantastic to get three wins from three and a special mention to the B team who won 70-0.

#### MoM

As-Aidan Dausch

Bs-Luca Bengough

Cs- Alexander Lewisohn

On Tuesday the Under 9s took on Thomas's Clapham. The boys played hard and were a credit to the school. A special mention to the Bs who won 20-15.

#### MoM

As- Sami Kymisis

Bs-Mathew Rampin

Cs-Monty Sutherland

Ds-Oliver Lambertson

The Under 8s were also in action taking on St Stephen's. The boys played well and had a great afternoon playing against a very pleasant and passionate opposition. A special mention goes to the A's who won 40-25.

#### MoM

As-Taymour Auchy

Bs-Willoughby Hassall

Cs-Aran Mehra

Wednesday saw the 1<sup>st</sup>, 3<sup>rd</sup> and 4<sup>th</sup> teams in action. The 1<sup>st</sup> team took on Hill House at WSG and the 3<sup>rd</sup> and 4<sup>th</sup> teams were away vs. Wetherby Senior. All boys played some fantastic rugby and displayed some excellent physicality. A special mention goes to the first team who won 50-5.

#### MoM

1s- Josh Crouzier

3s- George Greig

4s- George Byrnes Robertson

### Top Try Scorer (As of Wednesday)

William Hoskins	17
Joshua Ashley	14
Chinonso Ogbunude	14

### From the Performance Corner – The Significance of Sleep

Mr McClinton...

Good sleep is one of the cornerstones of health. Studies have shown that somewhere between six to nine hours sleep per night is the optimal amount for young people and adults. Sleep deprivation is a chronic modern day problem. Studies have shown that a sleep deficit can have far reaching effects on our health. Poor or impaired sleep can:

- Dramatically weaken the immune system

- Promote a pre-diabetic state enhancing the feeling of hunger even if having already eaten
- Impair memory; one night of poor sleep (4 to 6 hours) can impact recall and mental clarity
- Affect physical performance

When circadian rhythms are disrupted the body produces less melatonin, a hormone that supports sleep and acts as an antioxidant helping the body fight infection. Sleep deprivation also interferes with the production of growth hormone. This chemical is released by the pituitary gland in the brain during deep sleep and during certain types of exercise, such as high intensity interval training. Growth hormone also promotes the appearance of youthful skin. Lost sleep is in fact lost forever and persistent lack of sleep has a cumulative effect when it comes to disrupting your health, both in the short term and the long term.

#### Optimizing Sleep

- Sleep in complete darkness or as close to complete darkness as possible. A small amount of light can actually disrupt the body's internal clock and the pineal gland's production of melatonin and serotonin; think recovery and energy. Try to be as consistent as possible regards to bedtime and wake time routine. This rhythm supports long term optimum health.

- Keep the bedroom temperature moderate to slightly cool. Studies have shown that an optimal room temperature for sleep is quite cool, between 60 to 68 degrees

- Move alarm clocks and electrical devices away from the bed

- Reserve bedtime for sleep and not working on the iPhone, laptop etc.

- The body primarily heals and recharges between 11 p.m. and 1 a.m. notably the liver and the gallbladder, organs of detoxification.

Exercise supports energy metabolism and fatigues the body in a way that encourages a restful night's sleep. Avoid drinking any fluids within 2 hours of bedtime. This will reduce the likelihood of bathroom visits. Eat a high-protein snack with a little fruit before bedtime. This supports the absorption and transport of sleep chemicals however avoid high sugary snacks alone before bedtime as this raises blood sugar levels and may delay sleep. Finally, avoid caffeinated drinks after mid-morning. Caffeine has a half-life in the blood stream meaning it can, for some people, remain in their system for up to 12 hours.

### From the Maths Department – Weekly Challenges

#### Top Ten Speed Kings!

Mr Gascoine writes...

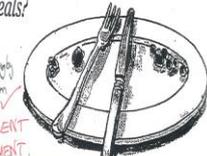
Anyone spot the changes to this week's Top Ten? Or change to be more accurate. Fergus Farrell has improved his time by 2 seconds and in the process made it just a little bit harder for anyone to get into the Top Ten Speedsters. Adam Khan came close to improving his PB, by posting a rapid 1 minute and 56 seconds and Joshua Ashley also came close to improving the 9th quickest time this year. Has everyone reached their mental peak in this year's top ten

1	Adam Khan	Year 5	1 min 52 sec
2	Zayn Shabeeh	Year 5	1 min 56 sec
3	Chinonso Ogbunude	Year 5	2 min 09 sec
4	Nicholas Wright - Rocafort	Year 5	2 min 12 sec
5	Felix Welter	Year 4	2 min 14 sec
6	Killian Seidel	Year 5	2 min 14 sec
7	Nadhmi Auchi	Year 5	2 min 31 sec
8	George Sakellariou	Year 5	2 min 33 sec
9	Joshua Ashley	Year 5	2 min 35 sec
10	Fergus Farrell	Year 4	2 min 38 sec

#### Maths Challenge

House point for each. Congratulations to the below pupils. Please make sure that all answer sheets include workings out, full names and forms please.

Lower Maths Challenge Bright Sparks:		Upper Maths Challenge Brain Boxes:	
Ludovico Remers	Taymour Auchi	Daryus Marchant	Ethan Chan
Nadhmi Auchi	Benjamin Shailer	Sebastian Lind	Finlay Conrad
Laith Auchi	Tristan Anderson	Nadhmi Auchi	Darius Shirazi
		Jago Cahill-Patten	Oscar Rasmussen

Lower School Maths Challenge	Upper School Maths Challenge
<p><b>Profit or loss</b> Kate bought two rare stamps for her collection. A year later she sold them for £6000 each. Kate made a profit of 20% on one stamp and a loss of 20% on the other. Did Kate make a profit or loss overall on the sale of the two stamps?</p>  <p>It is a net loss.</p> <p>original price = 6000 x 5/4 = 7500 5010562 100 18,000-10000 ✓</p> <p>Ludovic Remers</p>	<p><b>Eating out</b> The café offers a choice of five starters, eight main courses and four puddings. You dine there each day on a three course meal. Every day you have a different meal. If the café opened on 1 March, on what date would you have had all the possible combinations of meals?</p>  <p>EXCELLENT STATEMENT.</p>

### Out of School Achievements and Photos

#### Arthur Kay(7V) and Edmund Jones (7T) in South Africa

Half-Term's will not be quite the same for Year 7 boys Eddie Jones and Arthur Kay who packed in an epic cricket tour to South Africa with seven competitive matches, one friendly game and some of the most spectacular sight-seeing on the planet. But the boys, who were part of Primrose Hill Cricket Club's Under 12 team, were not just having fun, although there was plenty of it from swimming with penguins to getting those oh-so-crucial selfies from the very top of Table Mountain. Part of the tour included visits to townships where life is vastly different from the everyday experiences of Wetherby boys. At Groendal, on the edge of the wine-making town of Franschoek the boys were taken inside the tiny shacks clinging to a hillside where, without running water, whole families slept in a single bed.

While at Belhar, near Cape Town where the team was based, Eddie and Arthur were able to share the generosity of those Wetherby boys who kindly donated replica football shirts which proved hugely popular. Their fundraising efforts - around £2,500 was handed over - generated positive headlines in a local newspaper.

The cricket itself was tough and competitive. In one match against a prep school in the southern town of Hermanus they found they were playing a largely under 13 side.

Away from the sport, there was a visit to Robben Island, the former leper colony where Nelson Mandela was imprisoned for 18 of the 27 years he spent behind bars. The boys saw the tiny cell where Mandela was incarcerated, met fellow prisoners who now act as tour guides and were even introduced to his former jailer who happened to be visiting. Quite a day and quite a trip.



### **World class adventurers and Wetherby boys who will be!**

Last night some Wetherby boys attended a talk at the Royal Geographical Society where three explorers talked about their achievements and the challenges they had to overcome. Ben Saunders completed an expedition to the South Pole. Jake Myer was the youngest Britain to climb Mount Everest aged 21, and Ollie Hicks kayaked from Greenland to Scotland. The evening was advertised in the Wetherbuzz a few weeks ago and was in aid of the charity Walking with the Wounded.





**Jack D (5K) reached competition level skiing. Well done, Jack!**



**Louis B (5T) also hit the slopes, at Portes de Soleil**



**Leonardo O airborne in Verbier**



**George S and Aidan Z (5T) skiing together over two countries!**



**George S (5T) got a gold medal for being the fastest skier at 79.8km/hour. Well done, George!**



**Leonardo O, Arthur H and Freddie H (5T) 'apreskiating' the view over Verbier**



**Killian S (5B) flying through the mountains of Hochfügen, Zillertal in Austria**

## Brooks S shreds some powder at the English Alpine Championships

Over the half term Brooks had the opportunity to put his Monday night ski club race-training to work in the Alps competing in Bormio, Italy in the 2017 English Alpine Championships. It is an action packed week of racing from the Under 10s group up to International FIS level.

As one of the younger racers on the hill he had an impressive finish in the Giant Slalom coming 17th for U10's on his first race in this category. Over the week he also raced in the Combi GS which has some Ski-Cross elements and in a three run Slalom. He is dreaming of representing Wetherby Prep at the schools races both in the UK and abroad and most of all skiing the Super G after he turns 12!

Overall a fantastic week in the sun spent training, competing and watching the "big kids' race which included two of Brooks' older sisters.



## My Wetherby – Harry M

### Which House are you in?

Westbourne

### What is your favourite club?

Coding Club

### What is your favourite subject?

Maths

### Kit-Kat or Chomp?

Kit-Kat

### What would you teach if you were going to be a teacher?

Maths

### Favourite sport at Wetherby

Cricket

### What would you do if you were Headmaster for the day?

Make new clubs and have more curry at lunchtime!

### If you went to Pizza Express with a famous person (dead or alive) who would you want it to be?

Cristiano Ronaldo

### Tell me a funny story from your time at Wetherby.

Yesterday in Games I was trying to throw a Green sports bib into the bib-bin and the wind blew it back into my friend's face!

### If you could plan a school trip, where would you go?

The Bahamas. We would go to the beach and go surfing.



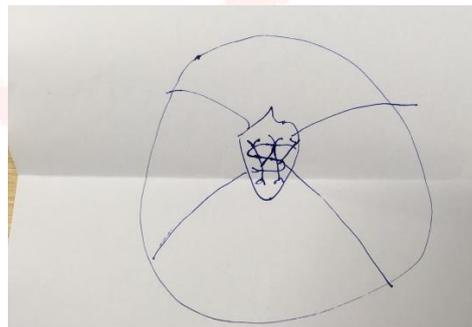
### Favourite book

Harry Potter

### Fish & Chips Fridays or Sausage & Mash Mondays?

Sausage & Mash

### You have one minute to draw a Wetherby branded item.



Wetherby branded football

Thanks, Harry!

### Highest Housepoint Earners by Form Class

Lower School		Upper School	
3P	Taymour Auchy	6B	Frankie George
4B	Gianluca Milner	6J	Nicholas Dyer
4K	Fergus Farrell		Noah Grunschlag
4M	William Carver	6T	Henry Wuytack
5B	Nadhmi Auchy	7M	Milo Langdon
5K	Jackson Frieda	7T	Edmund Jones
5T	Philip Maguire	7V	Max Adams
		8B	Marco Castelli
		8F	Harry Coombs
		8G	Nader Moghadam
		8I	Arthur Grigg
			Elias Laurent
			Rory McDowell

### Highest Housepoint Earner for the Week

Harry Coombs – 74

### Weekly Housepoint Totals

First Place	Second Place	Third Place	Fourth Place
<b>Chepstow</b> 652	<b>Westbourne</b> 634	<b>Dawson</b> 630	<b>Pembridge</b> 567

### Yearly Housepoint Totals

First Place	Second Place	Third Place	Fourth Place
<b>Dawson</b> Captain M. Gwynne 9,127	<b>Westbourne</b> Captain J. Ward 9,092	<b>Chepstow</b> Captain A. Grigg 8,761	<b>Pembridge</b> Captain D. Shirazi 8,734

### Form Class Winners

First Place	Second Place	Third Place
Form 7V 271	Form 6J 203	Form 7T 187
Week 1	Form Class 4B	Form Tutor Miss Baillieu

2	6J	Miss Balgobin
3	7T	Mr Metherell
4	6B	Mrs Bassett
5	8I	Mr Goodman
6	6T	Miss Taylor
7	5T	Mr Thorne
8	6J	Miss Balgobin
9	4B	Miss Baillieu
10	8F	Mr Froggatt
11	5K	Miss Kroiter
12	3P	Miss Phoenix
14	4M	Miss Martin
15	4B	Miss Baillieu
16	7M	Mr Morrison
17	5T	Mr Thorne
18	6J	Miss Balgobin
19	7V	Mr Vogiatzis



**Form Class Winners – 7V**



**Class Achievement – Miss Northey's Year 8 English Class**

## Headmaster's Good Shows

Gold 10 Housepoints	Silver 5 Housepoints	Bronze 3 Housepoints
Nadhmi Auchi- Maths	Joshua Ashley – English	Ahmed Alshubaily – History
	Luke Barker – English	Nadhmi Auchi – Maths
	Adrian Boettcher – English	Nadhmi Auchi – Maths
	Jago Cahill-Patten – Art	Oscar Beard – Maths
	William Carver – English	Elliot Chailley – Maths
	William Carver – English	Max Charles – Maths
	Marco Castelli – English	Nicholas Choupak – Maths
	Elliot Chailley – Maths	Lucas Crow – Maths
	Max Catallo-Bauman - Maths	Lars Fritze – French
	Nicholas Choupak – RS	Lachlan Gray – French
	Edward Darwent – English	Adam Hydari – Maths
	Esa Dhanani – RS	Ashaan Jayaraj – Maths
	Thomas Dunn – English	Ashaan Jayaraj - Art
	Nicholas Dyer – English	Lucas Jorgensen – Maths
	Javier Fernandez de Ybarra – Film Editing	Lucas Jorgensen – Maths
	Aristides of Greece - English	Milo Goldstein - RS
	George Greig – RS	Lachlan Gray – Art
	Teo Hasecic – Art	Oscar Kalhor – Maths
	Aki Hatzistefanis – Science	Kameron Khlát – English
	Aki Hatzistefanis – Science	Kameron Khlát – Maths
	Freddie Houldsworth – Maths	Kameron Khlát – English
	Freddie Houldsworth – Maths	Philip Maguire – Maths
	Adam Hydari – RS	Armaan Malhotra - Maths
	Adam Hydari – RS	Armaan Malhotra – Maths
	Ashaan Jayaraj – Science	Nader Moghadam - RS
	Ashaan Jayaraj – Science	Lucas Mousavizadeh - Maths
	Matteo Hurrell - History	Francesco Nagel – English
	Nilesh Jayaraj – English	Chinua Ogbunude – Maths
	Sebastian Jones – Maths	Chinonso Ogbunude – Maths
	Alexander Lewisohn - Art	Ardavan Pesendorfer – Maths
	Sebastian Lind - English	Thomas Powell – English
	Philip Maguire – Maths	Zac Roda – Maths

Luca Maher – Maths

Benjamin Reed - History

Rory McConnon – Maths

Ludo Remers – Maths

Nader Mogadham – English

Jonathan Rudd – French

Ayrton Palmer – English

Nicholas Sesson Farre – Art

Lorcan Quinn – English

Kilian Seidel – Maths

Oscar Rasmussen – Art

Cameron Timlin - English

Jonathan Rudd - Classics

Nicolas Wright Rocafort – Maths

Ishan Sahni – English

Nicolas Wright Rocafort – Maths

George Sakellariou – History

George Sakellariou – Maths

Kilian Seidel – Maths

Zayn Shabeeh – Maths

Leander Straub – History

Rudi Stern – History

Emile Van't Sant – History

Gabriel Wells - English

Theo Wright – RS

Charlie Wuytack – French

### Photos from the Week



Lower School Rwanda Talk



Pancake making in Cookery Club with Miss Phoenix!



Shake it, shake it, shake it like it's Pancake Day!



Henry C (4B) enjoys his pancake with lemon, sugar AND honey



Cardboard Engineering – Pokemon!



There's always a flip-side!

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