

# THE WETHERBUZZ



**Week 5 Wetherbuzz**  
**Monday 2nd October – Sunday 8th October 2017**

<b>Monday 2<sup>nd</sup> October</b>	<b>Monday Clubs</b>
Staff Meeting – 8am Growth Mindset Talk with Robin Launder Years 6-8 – am Games for <b>Years 3 and 4</b> – 9-11:30am Games for <b>Years 5 and 6</b> – 1:30-4pm U11 A-D vs. North Bridge (A) – 2:30pm U11 Franchise Football, Round 4 – 2:15pm Senior Management Team meeting – 3pm Chamber Choir – 4-5pm Fire Marshall Training for SMT Growth Mindset talk with Robin Launder for staff & parents – 6pm	Creative Writing (Years 3-5) – 4-5pm Debating – 4-5pm English Games and Puzzles – 4-5pm Development Fencing – 4:15-6:15pm @ Hannah House Rock Climbing – 4-5pm Year 5 Rugby – 4-5pm Year 7&8 Rugby Skills – 4-5pm
<b>Tuesday 3<sup>rd</sup> October</b>	<b>Tuesday Clubs</b>
Lower School French Day – all day Year 6 Science Trip to Centre of the Cell – all day Wetherby Choir – 8-9am (Upper School Choir) Swimming for <b>Year 5</b> – 9-11am Games for <b>Year 7 and 8</b> – 9-11:00am Games for <b>Years 3 and 4</b> – 1:30-4pm U9 A & D vs. The Hall (A) – 2:30pm U9 B & C vs. The Hall (H) – 2:30pm U10 A Dulwich College Football Tournament – all day	Running – 7:45-8:20am Chess – 4-5pm Creative Writing (Years 6-8) – 4-5pm Beginners Fencing – 4-5pm @ Bryanston Square General Musicianship – 4-5pm Music Scholars – 4-5pm Photography – 4-5pm Swimming Development Dolphins – 4:15-5:15pm and 5-5:45pm Table Tennis – 5-6pm
<b>Wednesday 4<sup>th</sup> October</b>	<b>Wednesday Clubs</b>
Year 7 Rowing at Putney – 8am Swimming for <b>Year 3 and 4A</b> – 9-11am Swimming for <b>Year 4</b> – 10-12pm Physical Education for <b>Year 7</b> – 9-10:30am Games for <b>Year 7 and 8</b> – 1:30-4pm 1 <sup>st</sup> XI vs. The Hall (H) – 2:30pm 2 <sup>nd</sup> XI & U12 A vs. The Hall (A) – 2:30pm Senior Franchise Football, Round 3 – 2:15pm Wetherby Voices – 4-5pm	Elite Chess – 8-9am Arts and Crafts – 4-5pm Classical Greek Civilization – 4-5pm D&T/ Engineering – 4-5pm Lower Code – 4-5pm Fencing – 5-6pm @ Hannah House Maths Games and Puzzles – 4-5pm Lower Swim Squad – 4:15-5:30pm
<b>Thursday 5<sup>th</sup> October</b>	<b>Thursday Clubs</b>
U11 A ISFA Football Tournament (A) – all day Year 8 Rowing at Putney – 8am Physical Education for <b>Year 8</b> – 9-10:30am Games for <b>Years 5 and 6</b> – 1:30-4pm U10 A vs. Thomas's Kensington (A) – 2:30pm U10 Franchise Football, Round 4 – 2:15pm School Management Meeting – 4:30pm 6T and half of 6M (Maguire-Zilkha) Parents' Evening - 5-8pm Mr Baker to WSS for Prep School Heads' Dinner – 7pm	Upper Code Club – 4-5pm Elite Fencing – 4:15-6:15pm @ Hannah House General Knowledge Quiz Club – 4-5pm Lego Building – 4-5pm Maths Revision – 4-5pm Music Ensemble – 4-5pm Year 6 Rugby Skills – 3:15-4pm Upper Swim Squad – 4:30-5:30pm
<b>Friday 6<sup>th</sup> October</b>	<b>Friday Clubs</b>
Author Talk with Curtis Jobling for Years 3-6 – am Staff Meeting – 8am Whole School Assembly at the Church of the Annunciation – 8:30am U13 A Wetherby Prep Football Tournament – 1pm U8-U11 Swimming Gala vs. Thomas's – CANCELLED U8-U13 Fencing Fixture vs. St Benedict's (A) – pm	Whole School Clubs – 2:30-4pm <b>No Homework Club – school closes at 4:30pm</b>

## From the Headmaster

Dear Parents,

As Mr Baker is away at conference today, I have invited our new staff to write to you this week. Enjoy! Normal service will return, of course, next Friday.

Welcome to all of our new staff and best wishes to all our parents.

Have a great weekend,



**Anna Williamson**

Mr Lock writes....

I first got the call from Mr Baker in February that I would be signing for a new team in the shape of Wetherby Prep. Unlike many last minute, deadline-day deals, my transfer here has been smooth and straightforward. Having a happy home in another premier London school means that I had high hopes for this move and it has been everything I would wish for: team mates who work hard for each other, a ferocious and high tempo game, a crowd who really get behind you and want the best, and a classy home venue steeped in history. The organisation has been exceptional with everyone chipping in to get me match fit. I've come here to win trophies and am sure that I will soon be lifting the Housepoint Cup – come on 6L! What a cracking season ahead.

Mr Smith writes...

Wow! The first four weeks have flown by at Wetherby Prep. The school has a fantastic set of staff and an incredibly talented bunch of boys, whether it is from a sports perspective or otherwise. The first few weeks have seen over 100 football fixtures with many more to come and I am thoroughly looking forward to seeing the boys develop over the year ahead. Being at such a fast-paced school has been challenging yet very rewarding and I am very thankful to all the boys, staff members and parents for being so welcoming.

Mr Van Greunsven writes...

It's been an exciting start to my time here at Wetherby and I have loved every minute thus far. Being the token Australian on the staff, with a Dutch last name, I'm sure the boys (and staff) had a bit of confusion as to who their new Geography and Games teacher is.

So I would like to tell you my little secret: I'm an author...in training at least. The good stories I have heard within these walls could fill a very interesting book from both student and teachers viewpoints alike. Everyone has been super helpful and guided me through the start of the year. Many colourful characters roam the hallways and classrooms at Bryanston Square making every day different and interesting to say the least.

Miss Collinson writes...

My first few weeks at Wetherby Prep have gone by so quickly yet I feel like part of the red and grey furniture already. As the end of August neared, I felt the expected anticipation of starting a new job but could never have predicted nor imagined the vibrant, energetic and family atmosphere that is Wetherby Prep. The staff are great, the boys are great and the Science Department is great. Archie, our Science Technician, is such an asset to the department and his enthusiasm is contagious. The boys are fantastic, have proved themselves to be Science lovers and make me laugh every day. I am not yet used to the multiple flights of stairs, still relying on the signs to remind me whether I am going the right way up or down. I am honestly over the moon to be part of the team at this school and look forward to an exciting and rewarding future here.



### Weekly Features

- *Letter from the Headmaster*
- *Calendar*
- *Staff News*
- *COW/SOW*
- *Match Reports*
- *Weekly Maths Challenges*
- *Out of School Achievements and photos*
- *Housepoint Charts*
- *HMGs List*
- *Photos of the Week*

Mr Reid writes...

My first few weeks at Wetherby have flown by and, as my dear old Nan used to say, time flies when you are having fun! I was a little nervous at joining such a prestigious school but so excited at the same time. There is so much going on: assemblies, clubs, swimming, rowing, more swimming, trips to the great Wetherby Sports Ground, sports fixtures every afternoon and so much more! Getting to know the boys and remembering all their names has been a challenge and although I am getting better, there is still a bit of homework to be done over the Half Term break! I have been made to feel very welcome by all the staff, the parents and the boys and this has been so greatly appreciated. It has settled any post-summer nerves and confirmed that the decision to join Team Wetherby was a great one.

Miss Aitken writes...

Wetherby...What can I say? It's been a fast-paced and brilliant first month and I couldn't be more excited for all that is still to come! I have been made to feel so welcome and at home by all of the boys and teachers, so a big thank you to everyone for giving me the best start here. It is impossible not to be swept up by the constant buzz and flow of Wetherby and boy what an exciting start to the year we have had! From day one, Hannah House has been filled with laughter, challenges, excitement and a passion for learning. The boys have made me proud and I can't wait to see all that we will achieve together throughout the year.

Mme Le Clanche writes...

It has been a hectic first few weeks at WPS, fast paced, yet friendly and welcoming, I am fortunate to work here and already feel part of the team. My Year 4 Form have been great fun, yet surely must hold the record for the number of book bags, sports kits and swimming trunks lost during these first few weeks. Thank goodness for Mr Ogden helping to reunite the boys and their lost property. As for joining the French Department, I have received un *accueil très chaleureux* (merci Mme Sebag et Mlle Taylor), and I'm thoroughly looking forward to the Lower School French Day next week, not least to witnessing the building of dozens of mini Eiffel towers from marshmallows! Lest I forget the Maths Department, our weekly departmental meetings brim with humour and banter and the competitive nature of our boys for the fastest weekly times table races, make this another great department in which to work.

Thanks to everyone at Wetherby for making me feel so welcome. I'm looking forward to what the next few weeks, months and years will bring.

Mrs Shanley writes...

I cannot believe that it has been over a month since I started working at Wetherby; time seems to pass by so quickly here. The energy around our school is infectious and you cannot help but get swept up in the daily buzz of Wetherby life. Every day, I am overwhelmed by the enthusiasm and *joie de vivre* of the boys. But, what is most striking about Wetherby is its real sense of community. From an incredibly supportive and inspiring staff team to our wonderful boys and parents, I feel truly blessed to work in such a motivating environment and be part of the Wetherby family.

### Half Term Clubs

You will find attached to this Wetherbuzz, a multitude of Clubs offered by staff during Half Term. Whilst these Clubs are run by Wetherby staff, none of the trips, events or activities are bound by the school's insurance or normal risk assessment procedures and the school accepts no liability for any loss, damage or injury that may occur. Of course, a number of staff have their own private companies and insurance as well as the same professional conduct they exhibit at school events but it is important to make this distinction clear to parents that these are not 'Wetherby Prep Clubs'.

### Faizel Manjoo's Daughter

A former teacher from Wetherby, Mr. Manjoo (whom some of you may remember) and his family received some very sad news this August. Their eldest daughter, Karla (who recently turned 16) was diagnosed with multiple sclerosis. Mr. Manjoo and his wife have started a campaign on 'Gofundme' to help them meet the costs of helping Karla to recover. Should you wish to donate, please follow this link <https://www.gofundme.com/qegjp-help-karla-beat-multiple-sclerosis>, which also includes further details about Karla's diagnosis and condition.



## Citizen of the Week

This week's Citizen of the Week is Dylan K in 3P. The qualities of being positive, well- mannered and self-reliant that Dylan always shows in class have also been noted in Airfix Club, where he tries to solve a challenge for himself before asking for help. He is also immaculately turned out. Well done, Dylan!



## Sportsman of the Week

This week's Sportsman of the Week is Yousif A-S in 4M. Any boy capable of scoring 7 goals in a single match against Caldicott has a great footballing future ahead of him. Despite putting the ball in the net so frequently, it was great to see Yousif leave the pitch in his usual modest manner. Well done, Yousif!



## Class Achievement

Year 8 Scholars Class —8V

From School Council— Meeting Minutes Tuesday 26th September

School Council writes...

**Attendance:** School Council Representatives and PLT

**Issues/Ideas brought up during meeting and action plan:**

**Thank you, Chef Peter** – School Council really enjoy the *croissants* and *pain au chocolat* that you supply at our meetings!

**School Council ‘Ideas’ Box** – Already some really impressive boxes but sadly not all the boys had brought/finished them so Miss Olney is extending the deadline until **next Tuesday** where the final boxes will be judged.

**Reading in Form Time** – Lots of great suggestions from the boys about books/comics/magazines to read in form time and put into the ‘Reading Boxes’. Mrs Shanley has also expressed interest in helping compile the boxes so Miss Olney will feedback the suggestions from the boys. These include: *DC Comics*, *The Week Junior*, *Harry Potter*, *Cherub Series*, *Secret Seven*, *Diary of a Wimpy Kind* and *Top Gear*. All School Council agreed there should be an ‘Upper School Reading Box’ and a ‘Lower School Reading Box’ so they are age appropriate.

**Wetherby water bottles** – School Council were very excited about this initiative and they agreed on the following criteria: BPA free, light to hold and on the large side so they can stay hydrated throughout school and Games. Miss Olney will source some companies that fit these criteria and speak with Mr Baker about cost.

**Lunch time** – Some of the boys mentioned that, last year, Mr Billingham would seat them all first then call them up table by table to lunch. They thought this helped make the lunchroom more orderly and actually improved manners. One to discuss amongst the teachers...

**Locker rooms** – Some boys thought that, at the end of the day, there is a mad rush for the locker rooms and it can get quite cramped in there. This is something to bear in mind for the extension next year and staggering the ‘end of day’ so that some year groups go first.

**The next meeting is scheduled for Tuesday 3<sup>rd</sup> October at 8:30am in the Dining Room.**





Suggestions Boxes from Leonardo O'S for 6M and Suleman A for 4B!

#### From the Assistant Head Pastoral—Birthday Treats Update

Miss Clifford writes...

We are more than happy for boys to bring cakes/doughnuts into school on a Friday to celebrate their birthday. However, please can we ask parents to ensure that only **nut free** treats are brought in to school. We have recently discovered that some of the Krispy Kreme Doughnuts, available in the variety packs, contain nuts. Please can we help keep our school a 'nut free school' by double checking the ingredients. Many thanks.

#### From the English Department—Author Talk

Mr Thorne writes...

Next Friday, 6th October, author of the 'Max Helsing' series, Curtis Jobling, will stop by to share extracts from his books.

With such a precious opportunity to meet and greet a published author, the boys are invited to attend during their English lessons and may purchase signed copies of Curtis' books priced £6.99 each.

Boys may bring £7 into school to buy a signed copy or books can be collected on the day and then billed thereafter via the School Office. A letter attached to the Wetherbuzz gives more information about Curtis' series of books and how to order other titles.

It looks set to be a fabulous finish Friday as we excitedly await the arrival of our guest author!



Congratulations to our new Poet Laureates, Javier F d Y (8V) and Kiran K ( 4L). Well done, boys!

**From the History Department—History Trip**

Miss Olney writes...

On Tuesday this week, the Year 6 boys journeyed to Mountfitchet Castle to explore and examine a reconstructed motte and bailey and what life was like inside. The boys have been studying William the Conqueror this term and looking at the Norman Conquest in 1066 so it was only fitting that they experienced what life was like during this time. This trip was designed to consolidate their understanding of how motte and bailey castles were used by William to assert his authority over England after the Battle of Hastings and how they were a means of control. It was a great opportunity for the boys to understand the medieval period and the advantages and disadvantages of motte and bailey castles.

We were blessed with good weather for the trip and as soon as we arrived, the boys enjoyed the autumn sunshine. The boys were split into groups to look round and discuss the features of a motte and bailey castle. They were able to explore the bailey of the castle to consider how peasants lived in the castle walls and their different roles within a Norman village. As the castle was rebuilt on an original Norman site, there were also many live animals roaming around the castle which were of a real interest to the boys and they could gain a real sense of how the castle functioned in medieval times. Finally, the boys were able to visit the 'keep' and consider how raiders often attacked strongholds such as this and how the castle was able to equip itself and defend against such attacks.

The highlight of the day was taking part in the catapult display where boys propelled water balloons at the enemy, Mr Froggatt. Luckily (for Mr Froggatt), the water balloons missed (!) but the boys got a real sense of the strength needed to operate a catapult.

It was a thoroughly enjoyable trip for the boys as they gained real insights into the medieval period. It was great to see the boys engaging with artefacts of the time, handling the swords and helmets and discussing how they were used in medieval warfare.





## From the Art Department—Trips

Miss Kirby writes...

Year 3 had a fabulous time at the British Museum on Monday. They enjoyed the lecture on Mummification, a topic they will be covering in both History and Science this term. Museum curators explained the way we can learn about Egypt through the British Museum's extensive collection. The class spent time marveling at the Egyptian galleries and seeking out the canopic jars that will inspire our 3D Art project for the rest of the term.



Chase O and the canopic jars 3P will be recreating in Art



George Y and the Mummies...



Bear S and the 'human raisin'



More Mummies...

A group of Year 4 boys went to the National Gallery on Wednesday. Guided by practising artists, pupils explored three paintings from the National Gallery Collection, developing their visual literacy through observation and discussion. They learnt about the science of colour and history of the colour wheel. This was followed up by a workshop for pupils to put what they discovered in the Gallery into practice. They mixed colours to create their own paintings, using only the primary colours as a basis. The trip was designed to promote an understanding of colour and support this term's painting topic, inspired by the work of French post-impressionist painter, Henri Rousseau.



**From the Classics Department—The Jowett Sendelar Competition**

Magister Vogiatzis sribit:

The Wetherby Prep Classics Department would like to invite **Year 6, 7 and 8** students to participate in an exciting Classics Competition, the **JOWETT SENDELAR ESSAY COMPETITION**. The topics as well as the application process have just been announced and deadline is the **31<sup>st</sup> of January 2018**. I would like to encourage as many students as possible to participate in this prestigious competition, one that will help the students develop their analytical, thinking and writing skills when researching on Greek and Roman Mythology and Civilization. Details of how to enter are below, good luck!

**For Year 9 and under: approximately 1500 – 2500 words. Illustrations (with captions) are welcome.**

**a ) GODS:** Which can tell us more about Greek and Roman religion: written sources or physical artefacts? You should compare the knowledge of the gods we get from writings such as Ovid's Metamorphoses with what we discover from temples, statues, and Greek pottery. You should include specific examples from both types of source, and reach a conclusion.

**b) EPIC:** 'Female characters in ancient Epic poetry contribute little to plot, themes, or characterisation'. To what extent do you agree with this statement? Consider the importance of female characters in Epic. You should refer to a range of characters from at least two Epic poems (such as Homer's Iliad, Homer's Odyssey, and Virgil's Aeneid), and argue how important they are to the plot, themes, and characterisation of those poems.

**c) HISTORY:** Was the eruption of Vesuvius in AD 79 a terrible tragedy, or should we be glad that it preserved Roman towns and villages for us to study? You should consider what was terrible about the disaster, and also think about what modern knowledge of the ancient world gains from Pompeii, Herculaneum, and the other settlements and buildings preserved by the eruption. The accounts of the eruption by Pliny the Younger may be useful to you. You should present your findings in a format of your choosing (e.g. an essay, a drama, a letter, etc.).

**d) TRAGEDY:** 'Putting on Greek Tragedies in the modern world is a pointless act, since these plays have no relevance to a modern audience'. How far do you agree with this statement? In your answer you should refer to at least two Greek tragedies, and consider to what extent they contain themes, characters, and plots that are relevant to modern culture.

**e) SPORT:** Gladiator games were banned in AD 404. Should they have been banned sooner? You should consider what was good and bad about gladiator games, and refer to specific examples of benefits and problems. You should reach a conclusion as to whether banning gladiators as entertainment would have been a good thing.

### **Submission of entries for 2017-8 Competition**

Candidates must put their **name, date of birth** and **school** on the FRONT COVER PAGE of their entries. This information should NOT be placed on the pages of the essay itself. The judges would like to see a bibliography or a list of the sources consulted. A word count should also be given. Entries may be submitted electronically (preferably), or by post.

#### **Electronic Submission**

Entries should be submitted in Microsoft Word format only. Please do not use difficult fonts (e.g. all capitals). Entries should be emailed as attachments to [jowettsendelar@boltonschool.org](mailto:jowettsendelar@boltonschool.org) with the email subject 'Jowett Sendelar Competition Entry 2018. Please include the address of your school in the email for the mailing of any prizes awarded.

#### **By Post**

Entries MUST be in A4 paper format, printed or written, in black or blue ink. Please do not use difficult fonts (e.g. all capitals). Please attach a stamped addressed envelope for the return of scripts, reports and any prizes. Entries should be marked "Jowett Sendelar Essay Competition" and sent to:

Dr J. Reeson,  
Bolton School Boys' Division,  
Chorley New Road,  
Bolton,  
Lancashire BL1 4PA.

The final date for entries is **31st January 2018**

### From Charities—The Great ‘Wetherby’ bake off!

Miss Martin writes....

Have you ever thought of yourself as the next Mary Berry? Well, look no further. Wetherby Prep School is delighted to announce the return of the Great ‘Wetherby’ bake off! Last year was a great success and you can see in the photo, some of the brilliant entries we had!

The competition will be held on **Thursday 2<sup>nd</sup> November** and judging will take place during the school day. Boys are welcome to make a cake of any type and the theme of the competition is ‘Film’. Please let me know if your sons would like to be involved in this exciting competition by directly emailing me at [ellie.martin@wetherbyprep.co.uk](mailto:ellie.martin@wetherbyprep.co.uk). Each boy in the School will be able to cast one vote for their winning cake, and there will also be two special guest judges. Winners will be announced in Assembly on Friday 3<sup>rd</sup> November.

At 4pm on Thursday 2<sup>nd</sup> November, the Bake Off cakes will be cut up to be enjoyed and sold on for charity. Please can your sons bring in a small amount of change on this day, if they would like to purchase a cake. All proceeds for the Great ‘Wetherby’ Bake Off will go to our School charities.



### From the Drama Department—Who’s on Stage this week?

Miss Waters writes...

Another busy week in the Drama Department with the boys really getting to grips with stagecraft and physical story telling.



The boys have been super-enthusiastic about performing in Drama lessons and Friday club. So, to give them a really great opportunity to take part in a live performance over Half Term, we will be running a special, week-long DRAMA CLUB with professional entertainment company, Scallywags, for the boys to have lots of fun playing loads of Drama games and making a play for you to come and watch! Please see the letter attached for more information.

\*There will also be an opportunity for Year 4 boys to audition for their part in the Nativity coming up in the next two weeks, so listen out for more announcements\*

Thank you for your enthusiasm everyone. Here's looking forward to another week of Drama at Wetherby!

Mme Le Clanche writes...

On Tuesday 3<sup>rd</sup> October, the Lower School will enjoy 'Wetherby French Day'.

Boys will come dressed up as a French character (but not a footballer!) and will enjoy a variety of activities throughout the day.

Year 3 and 4 boys will try their hand at *pétanque*, will build an Eiffel tower using marshmallows and will have their taste buds tickled with some delicious French foods. Furthermore, Chef Peter is preparing a delicious French-themed lunch for all boys to enjoy. *Merci, Chef!*

Year 5 boys have an afternoon of delights in store for them, including a Eurovision style song competition and a French quiz. *Quelle journée géniale!*



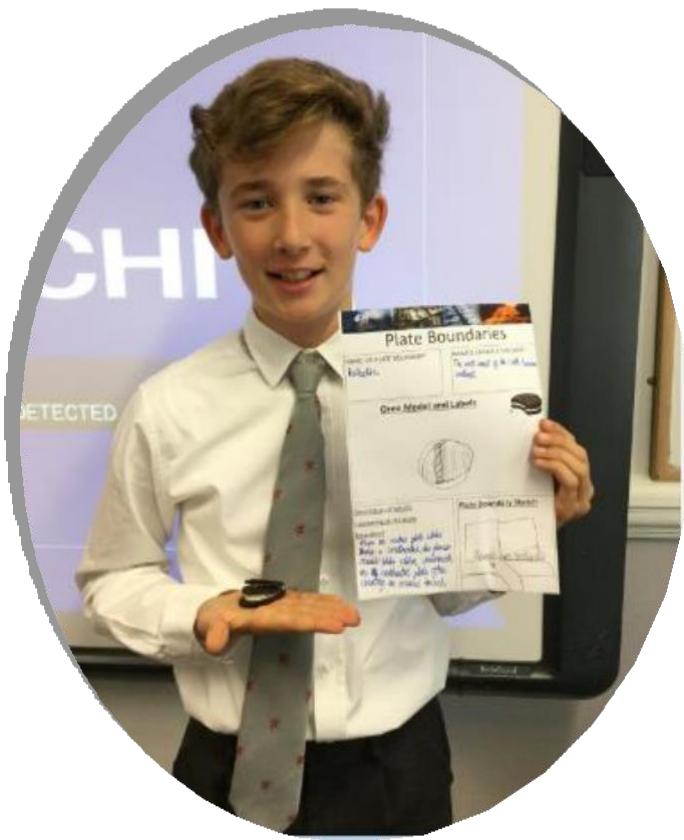
From the Geography Department—Oreo Plate Boundaries

Mr Van Greunsven writes...

Year 6 have been busy using their creative minds along with their newly learned content on the structure of the earth to change the humble Oreo into a plate boundary. With some very interesting models created, here are some examples:



August B with a *collision plate boundary*



Leonardo O'S with a *divergent plate boundary*

From the PTA—Second Hand Uniform Sale

Mrs Greenwood writes...

Many thanks to all the parents who supported the recent Second Hand Uniform Sales, both by donating old uniform and buying replacements. The two sales, divided into Sports Kit and formal uniform, were very successful. In total, just under £3000 was raised, with the clothes priced at between 1/3 and 1/2 of the cost of new.

A fabulous team of volunteers, including Tanya Donley, Maja Boettcher and Fatim Rogn, has purchased new storage boxes, and sorted, tidied and cleared out all the uniform in the vault, giving to charity any unbranded clothes which were not fit for resale. It now looks pristine! The cause of much of the chaos in the vault were the bags of unsolicited old uniform being given to the school at random times of the term, not connected with a sale. In future, **we would ask that parents drop off used uniform only in the week preceding a sale.**

As a result of this reorganisation, we plan to offer an alternative style of sale in November which would be more 'bespoke'. We would invite parents to email with specific requests, such as "rugby shirt size 30", 'trousers size 28" etc., and we would then source and bag the items, leaving them for collection in reception on receipt of the money. This service is not intended to take the place of the termly sales, but to be used in addition to them, as a top-up service in the second half of term. It was felt that this method might suit particularly those parents whose sons came in by bus because the boys could come in with the money in an envelope, and swap it for a bag of clothes. There will be further information about this after Half Term.

There will be another full sale at the beginning of the Spring Term.

Any questions or queries about second hand uniform should be directed to Kate Greenwood ([kate@greenwood71.co.uk](mailto:kate@greenwood71.co.uk)).



# WETHERBY | SPORT |

## Match Reports

### **U10 V The Falcons**

On Thursday 21st, the U10 A-D played Arnold House. We came away with 3 wins and 1 draw. Amazing effort for the boys!

**A team:** Man of the match: Iskander Ali Hussain

**B team:** Man of the match: Ayrton Palmer

**C team:** Man of the match: Edward Hudson

**D team:** Man of the match: Tomaso Govi

#### **Franchise result:**

Wetherby Cowboys—0 Wetherby Sea Eagles - 2

Wetherby Pumas - 3 Wetherby Rhinos – 2

### **U11 V the Falcons**

On Monday, we welcomed the Falcons to WSG for a round of fixtures from A-D team. The boys put up a fantastic performance winning 3 and drawing 1.

**A team:** Man of the match: Kamran Khlat

**B team:** Man of the match: Ludovic Remers

**C team:** Man of the match: Nadhmi Auchi

**D team:** Man of the match: Frederick Houldsworth

#### **Franchise results:**

Marlins 4 - Pistons 1 – Man of the Match: Elliot Chailley

Giants 3 – Knights 10 – Man of the Match: Dominique Lidchi Tombs

### **U9 V Caldicott**

On Tuesday the U9 A-D teams travelled to Caldicott. Great effort from all involved and the boys enjoyed a great afternoon of football.

**A team:** Man of the match: Omer Eren

**B team:** Man of the match: Yousif Al-Saffar

**C team:** Man of the match: Afonso de Lacerda Ruiz-Casaux

**D team:** Man of the match: Alexander Govindan

**E team:** Man of the match: Federico Russo

**F team:** Man of the match: Kieran O'Keefe

#### **Franchise results:**

Hawks 0 Wizards 7 - Man of the match: Jack Johnson

Bulldogs 6 Hurricanes 1 - Man of the match: Tristan Anderson

Rangers 6 Titans 4 - Man of the match: Mikhail Arkhipov

### **U8 V Caldicott**

The U8 A and B teams hosted Caldicott at WSG for two highly competitive football matches. Well done to all boys involved.

**A team:** Man of the match: Chase Obertelli

**B team:** Man of the match: Alexander Qureshi

### **1<sup>st</sup> XI & U12A V Westminster Under**

The first XI hosted Westminster under School at WSG whilst the U12A team travelled to Vincent Square for an away match. The boys had a great afternoon and well done to the first XI on their impressive win

### **2<sup>nd</sup> XI & U12B V Newland House**

The 2<sup>nd</sup> XI and U12B team travelled down to NPL in Teddington to face Newland house and the boys came away with two big wins. Excellent effort boys!

**1<sup>st</sup> XI Team:** Man of the match: Laurence Fritz

**2<sup>nd</sup> XI Team:** Man of the match: Lucas Linanne

**U12A Team:** Man of the match: Roman Joseph

**U12B Team:** Man of the match: Noah Grunschlag

### **Franchise Results:**

Storm 1 V Spartans 0 – Man of the match: James Hunter

Dragons 0 V Vikings 10 – Man of the match: John Gerson

Crusaders 1 V Sharks 4 – Man of the match: John Kirwan



An away day at Caldicott with super performances from all of Year 4 and an excellent set of results— Well Done, boys!

## Triathlon

Well done to the following Year 5/6 boys for participating in the Brownlee Foundation triathlon event in London. It was a fun day and a great experience. Hopefully this will inspire some of our boys to consider competing more often in triathlon.



### From the Performance Corner—How to Improve Flexibility

Mr McClinton writes...

Improving flexibility not only helps prevent injury, it is an important aspect of gaining strength and lean muscle tissue. Flexibility also helps with full range of motion exercises such as squats. Having tight hips and shoulders for example can inhibit proper form and functional movement.

Warming up prior to training—undertake some bodyweight movements such as squats, lunges, push-ups and jumping jacks. Consider three sets of each movement for 10-20 reps to warm up suitably. Holding the duration of the stretch can help lengthen muscles and prepare the muscles for activity and sufficient blood flow.

Full range of motion - although partial ranges of motion can be used in workouts to build strength, try performing each exercise through the full range of motion to support improved flexibility. Squatting for example to full depth helps with hip flexibility. Work at full ranges of motion without adding weight before loading with weight. This improves strength and flexibility as well as functional adaptation allowing for greater performance gains.

Static stretching - holding a joint, for example knee, in a stretched position for a designated length of time (20-30 seconds) allows the muscle to slowly adapt to the new range of motion. This is a passive stretch in that the muscle is relaxed throughout the entire exercise. It also increases blood flow and nutrient delivery to the area being stretched.

Dynamic stretching - increasing range of movements such as squats and lunges, moving the body in multiple planes of motion, helps prepare the body for demanding, dynamic exercise. Dynamic stretching is considered an active stretch since the muscle is contracting and relaxing. A standing kicking action, for example, classifies this stretch as dynamic.

Breathing properly – due to many factors such as poor diet, stress, lack of focused breathing etc. we often don't engage in diaphragmatic breathing. Belly breathing, when the belly moves in and out with each breath, prompts superior physiological adaptation and improved hormonal balance (adrenalin notably). Correct posture also impacts how well we breath. Consider this as the starting point for breathing patterns, mindfulness and improved performance.

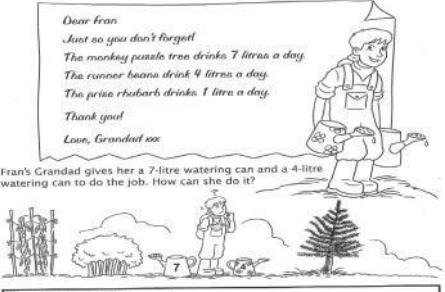
Hydration - water forms a large part of our muscle composition. In order for our muscles to respond to flexibility training, they need to be hydrated. Sipping on water consistently throughout the day is a vital ingredient in the overall picture of health, muscle function and recovery.

# MATHS CHALLENGES!

Mr Gascoine writes...

Congratulations to the boys below! Please make sure that all answer sheets include workings out, full name and form class. Housepoint for each.

Lower School Maths Challenge Brainiacs		Upper School Maths Challenge Bright Sparks	
Thomas Maguire	Elias Rogn	Zayn Shabeh	Ardavan Pesendorf
Taymour Auchi	Laith Auchi	Kirill Povarenkin	Christopher Radcliffe
Finlay Dunn	Thomas Dunn	Barnaby Russell	Edmund Jones
Fergus Farrell	Joshua Linnane	Nadhmi Auchi	Adrian Boettcher
Tristan Anderson		Charles Mennie	Alexander Lewisohn

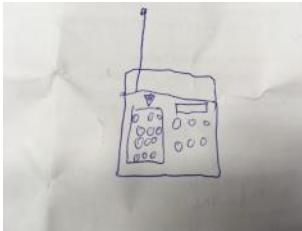
Lower School Maths Challenge	Upper School Maths Challenge
<p><b>Save the rhubarb!</b></p> <p>Fran's Grandad has asked her to water his plants while he's away. He's left her a note to remind her.</p>  <p>Dear Fran Just so you don't forget! The monkey puzzle tree drinks 7 litres a day. The runner beans drink 4 litres a day. The prue rhubarb drinks 1 litre a day. Thank you! Love, Grandad xxx</p> <p>Fran's Grandad gives her a 7-litre watering can and a 4-litre watering can to do the job. How can she do it?</p> <p>Use this space to work it out.</p> <p>Fill up 4 litres summer beans        - then fill up 4 litres - two times        - pour into 7L waters monkey puzzle        - last with one litre water prize        rhubarb.</p> <p>© Scholastic Ltd 2008 www.scholastic.co.uk PHOTOCOPIABLE Creative Activities for Maths Problem Solving: Ages 7-11 Thomas Maguire 3P</p>	<p><b>ZAYN SHABEEH 6T</b></p> <p>A cheetah is the fastest land mammal and has been recorded as running as fast as 75 mph in short bursts. By contrast a snail, one of the slowest animals in the world, only manages half a mile in 15 hours!</p> <p>How many times faster can a cheetah move than a snail?!</p> <p>Cheetah = 75 mph        Snail = 0.5 mph        Snail = <math>(\frac{1}{2} \times \frac{1}{15})</math> mph        Snail = <math>\frac{1}{30}</math> mph        Snail = <math>\frac{1}{30}</math> mph</p> <p><math>75 \div \frac{1}{30}</math>  <math>= 75 \times 30</math>  <math>= 2250</math></p> <p>EXCELLENT</p> <p>A cheetah is 2250 times faster than a snail.</p>

**Top Eleven Speed Kings 2017-18**

Top Eleven! It doesn't have the same ring to it as the Top Ten, but one cannot ignore the times. Ayrton Palmer has equalled Krishna's time in tenth place, so for possibly one week only we have a Top Eleven. Meanwhile Boris Bogolyubov has jumped over Adam Innes and made it into celebrity status that is the Top 3 with a new PB of 2 min 27 sec. And Riaz Qureshi has joined the party for the first time with a swift 3 min 32 sec. Very quiet at the top, has the top two peaked too early? More next week speed test fans.

1	Ishaan Suresh	Year 4	2 min 1 sec
2	Felix Welter	Year 5	2 min 18 sec
3	Boris Bogolyubov	Year 5	2 min 27 sec
4	Adam Innes	Year 5	2 min 46 sec
5	Iskander Ali Hussain	Year 5	3 min 4 sec
6	Aditya Dubey	Year 5	3 min 6 sec
7	Sebastian Bell	Year 5	3 min 11 sec
8	Oscar Rotman	Year 5	3 min 21 sec
9	Riaz Qureshi	Year 5	3 min 32 sec
10	Krishna Agarwal	Year 4	3 min 39 sec
11	Ayrton Palmer	Year 5	3 min 39 sec

**My Wetherby— Henry C (5K)**

<p><b>Which House are you in?</b> Westbourne</p> <p><b>What is your favourite club?</b> D&amp;T</p> <p><b>What is your favourite subject?</b> Maths</p> <p><b>Kit-Kat or Chomp?</b> Chomp</p> <p><b>If you were a teacher, what would you teach?</b> Geography , because it's the easiest!</p> <p><b>Favourite sport at Wetherby</b> Rugby</p> <p><b>What would you do if had super powers for the day?</b> Go into space</p> <p><b>If you went to Pizza Express with a famous person (dead or alive) who would you want it to be?</b> Bruce Springsteen</p> <p><b>If you could plan a school trip, where would you go?</b> Mauritius to swim with dolphins!</p> <p><b>Favourite book.</b> Young Samurai, by Chris Bradford</p> <p><b>Fish &amp; Chips Fridays or Sausage &amp; Mash Mondays?</b> Fish &amp; Chips</p>	 <p><b>Tell me a funny story from your time at Wetherby.</b> A boy was drinking from a bottle at lunch time and there was a hole in it. It went all over him before he noticed!</p> <p><b>You have one minute to draw a Wetherby branded item.</b></p>  <p><i>Wetherby radio</i></p> <p><b>Thank you, Henry!</b></p>
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## Out of School Achievements and Photos



### Riki Mian is a Table Tennis Champion!

During Riki's summer holiday in Greece, he competed in several table tennis tournaments. In each of them Riki was not only the youngest but also the smallest; some of the children were 14 and twice his size. Amazingly, Riki managed to win 4 tournaments in total, 3 of them in a row. In some of the tournaments there were up to 16 competitors. Well done, Riki!

### The Fritzes enjoy an evening of music...

Lars and Jasper write...

On Saturday night, we went to see Mr Brawn and Miss Orpwood play at St Peter's Church in Notting Hill. It was fun to watch both our teachers play and see how an entire orchestra comes together, with so many different instruments. The first piece was very modern, by a composer called Thomas Ades. The violinist was incredible, as she had to move her hands in every direction to hit all the different notes. Some notes were so high they couldn't fit on the sheet. The second piece was much nicer, Beethoven's Symphony Number 3. Well done, Mr Brawn and Miss Orpwood!



### Wetherby boys' success at BISS Ski Event

Last weekend, the Wetherby finished 9th out of the 16 all-boys teams. With Brooks Stevens (5K) and Theodore Daudy (5S) coming in the top 12 for the U10s and Jonny Cullinane (6T) coming in 7th in the U12s it was a great day for Wetherby skiers. Well done, boys!



### A Home Run for Wetherby

Brooks S (5K), Max C-B (6L) and Alexander C-B (4L) competed at the Herts Futures Tournament this past weekend at Grovehill Ballpark, Hertfordshire. The boys' London Sports team won the tournament for their age group, beating teams from as far afield as Brighton and Leicester. To celebrate they ran the bases with all of the team dogs. Well done, boys!



**Highest Housepoint Earners by Form Class**

Lower School			Upper School	
3P	Elias Rogn		6L	Jake Gillanders
4A	Charles Begg-Smith		6M	Veer Maru
4B	Jack Sorrell		6T	Edward Jephcott
4L	Kiran Kar		7C	Nicholas Finch
4M	Tristan Anderson		7G	Aidan Dausch
5K	Aditya Dubey		7M	Kirill Povarenkin
5S	Riaz Qureshi		8B	Zac Romeo
5T	Sami Kymisis		8F	Philippe Duroc-Danner
			8V	Varun Vashisht

**Highest Housepoint Earner for the Week**

Charles Begg-Smith – 25

**Weekly Housepoint Totals**

First Place	Second Place	Third Place	Fourth Place
Pembroke	Westbourne	Dawson	Chepstow
525	513	475	474

**Yearly Housepoint Totals**

First Place	Second Place	Third Place	Fourth Place
Dawson	Westbourne	Pembroke	Chepstow
1,598	1,575	1,570	1,461

**Form Class Winners**

First Place	Second Place	Third Place
Form 4A 219	Form 4M 206	Form 7M 163

## Form Class Winners—4A



### Headmaster's Good Shows

#### Gold 10 Housepoints

#### Silver 5 Housepoints

#### Bronze 3 Housepoints

Sami Kymisis – English

Philippe Duroc-Danner – English

Daniel Choupak - Poetry

Tarquin Sotir – English

Tarquin Sotir - Assembly

Leonardo O'Sullivan - Drama

Aidan Zilkha – English

Cassian Rattray – Assembly

Brick Johnson – Science

Thompson Higgins – RS

Philip Maguire - Reading

Shivam Dimopoulos – Margate Trip

Photos of the Week



8F checking their speed with and without parachutes to test the effects of air resistance in Science



Thomas M (3P), star Ice-hockey player!

The Triathlon boys meet a furry fan!



Miss Kroiter and Benett H (4L) enjoy the colour workshop



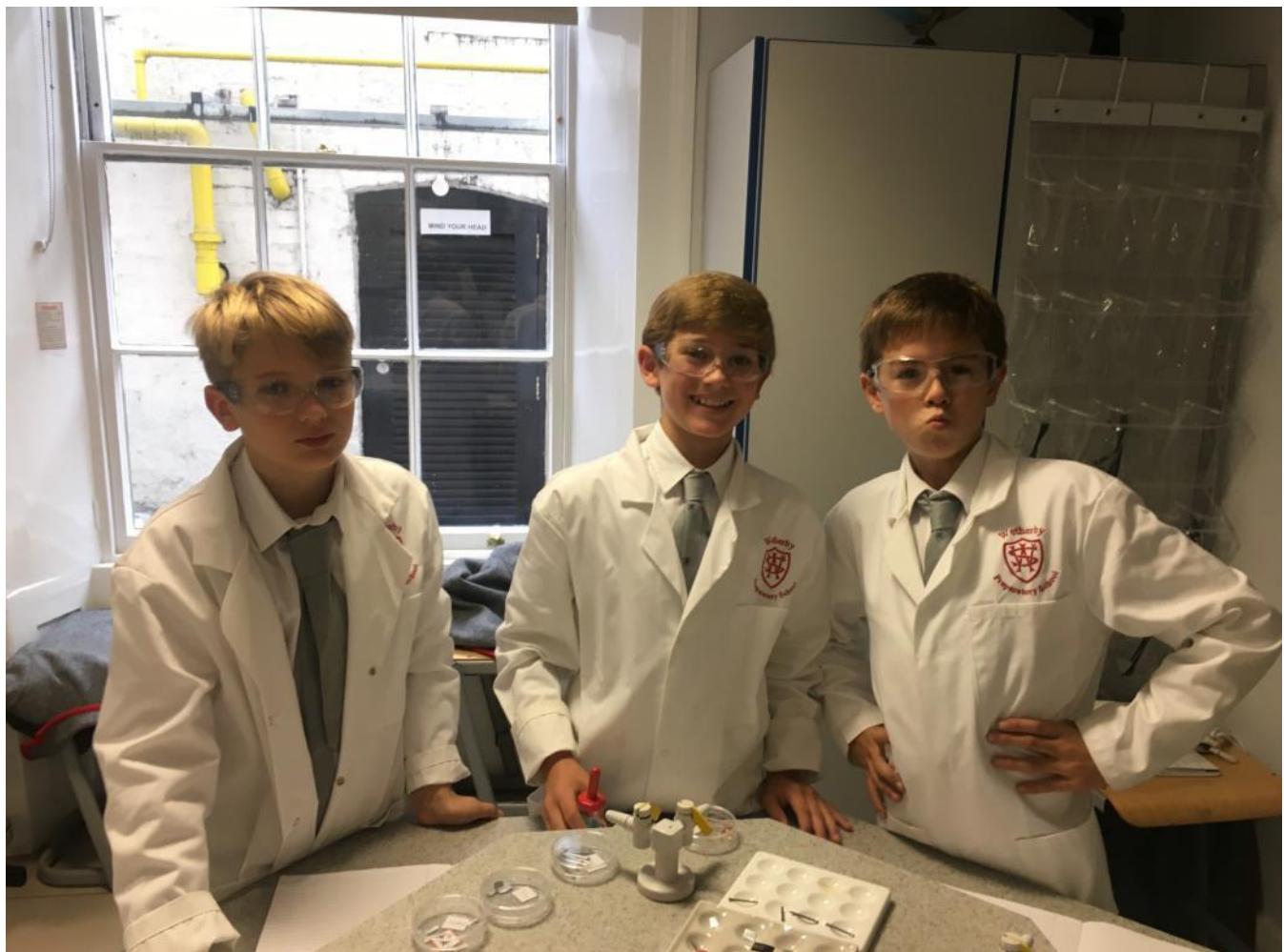
Some of the Rousseau inspired creations!



Year 4 enjoy some well-deserved post-match teas in the sun at Caldicott!



7M carrying out experiments with metals and metal sulphates to understand the reactivity series and displacement reactions





Year 5 create beautiful, vibrant, large scale pastel pictures of fruit and vegetables



4A Drama

5K Drama



Proud Coaches!



Three cheers for Caldicott!

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