

WEEK 1

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Main Event

Pork, Butter Bean
and Chorizo
Casserole

Chicken in Hoi Sin
Sauce

Roast Beef in
Gravy with
Yorkshire
Puddings

Lamb Tagine with
Giant Couscous

Breaded Fish with
Homemade
Tartar Sauce

Meat Free

Black Bean Chili
With Fluffy White
Rice

Pulled Jack Fruit
in Hoi Sin Sauce

Spinach & Kale
Falafel in a
Tomato Sauce

Roast Aubergines
Topped with Black
Quinoa on a
Tomato Sauce

Kale and
Courgette Dahl

And To Go
With

Cheesy Tomato
Potatoes

Rice Noodles

Roast Potatoes

Jacket Potatoes
Baked Beans
Grated Cheese
Broccoli

Oven Baked
Chips

Carrot Sticks

Stir-Fried Chinese
Vegetables

Cauliflower
Cheese

Mushy Peas

Pudding

Yoghurt with
Various Toppings
Fruit Platter

Frozen Yoghurts

Lemon Posset

Gingerbread and
Sultana Cake

Yoghurt with
Various Toppings
Fruit Platter

AVAILABLE
DAILY

Bread
Fruit
Yoghurt
Salad Bar



WEEK 2

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Main Event

Wetherburger
"Suleman Abbas'
BBCB Burger" with
a Brioche Bun

Cheese and
Tomato Pizza

Roast Turkey with
Lemon Oil

Hot Dog Sausages
in a Roll

Breaded Fish
Fingers with
Homemade
Tartar Sauce

Meat Free

Sweet Potato with
Mixed Beans

Quinoa and
Coconut with
Roasted
Cauliflower Curry

Root Vegetable
Pie

Ratatouille and
Tortilla Chip Bake

Wild Mushroom
and Caramelized
Onion Topped
with Sliced Sweet
Potato

And To Go
With

New Potatoes
Thyme Roasted
Flat Mushrooms

Potato Wedges
Broccoli

Roast Potatoes
Mange Tout

Roast Sweet
Potato
Sweetcorn

Oven Baked
Chips
Baked Beans

Pudding

Yoghurt with
Various Toppings
Fruit Platter

Chocolate and
Berry Brownie

Mixed Seed and
Dried Fruit
Flapjacks

Coconut and Jam
Sponge

Yoghurt with
Various Toppings
Fruit Platter

AVAILABLE
DAILY

Bread
Fruit
Yoghurt
Salad Bar



WEEK 3

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Main Event

Roast Chicken with a Cheese Sauce on the Side

Taco Tuesday
Spiced Ground Beef with a Taco Shell and Grated Cheese

Roast Pork with Stuffing and Apple Sauce

Mild Chicken Curry with Naan Bread and Mango Chutney

Breaded Fish with Homemade Tartar Sauce

Meat Free

Warm Quinoa Tabbouleh Salad

Refried Bean Tacos

Chilli con Lentils

Vegetable and Chickpea Curry

Roast Vegetable Tart topped with Hummus

And To Go With

Pasta
Ratatouille
Steamed Kale

Rice
Purple Broccoli
Tomato Salsa

Roast Potatoes
Shredded Cabbage

Bombay Style Potatoes
Roast Cauliflower

Oven Baked Chips
Peas

Pudding

Yoghurt with Various Toppings
Fruit Platter

Carrot Cake

Lemon Meringue Crunch

Frozen Yoghurts
Fruit Salad

Yoghurt with Various Toppings
Fruit Platter

AVAILABLE DAILY

Bread
Fruit
Yoghurt
Salad Bar



WEEK 4

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Main Event

Porky Snags
(Sausages)
(Bangers)
(Bags o' Mystery)
(Sangers)

Lamb Pie with
Pea and Mint

Roast Gammon
with Parsley
Sauce on the Side

Beefy Bolognaise
Sauce

Breaded Fish
Fingers with
Homemade
Tartar Sauce

Meat Free

Vegetable and
Lentil Cottage Pie
Topped with
Sweet Potato
Mash

Pulled Jack Fruit
in a BBQ Sauce
Served with Rice

Spiced Warm
Salad of Kale,
Butternut Squash
and Chickpeas

Green Lentil
Moussaka

Thai Vegetables
in a Sweet Chilli
Sauce with Rice

And To Go
With

Jacket Potatoes
Baked Beans
Grated Cheese
Steamed Kale

New Potatoes
Cauliflower

Colcannon Mash
Carrots

Wholemeal Pasta
Broccoli

Oven Baked
Chips
Baked Beans

Pudding

Yoghurt with
Various Toppings
Fruit Platter

Orange and
Poppy Seed
Sponge

Mr Gascoine's
Favourite -
Banoffee Pie

Peach Crumble
and Cream

Yoghurt with
Various Toppings
Fruit Platter

AVAILABLE
DAILY

Bread
Fruit
Yoghurt
Salad Bar

